# WISH TINES

V E R . 4 3 2 0 2 1 M A Y

SI · Events-Welcome to WISH
How It Always Starts with a "Hello"
Attempting the Unknown
Mr. Strangelove
Cherishing a Hundred Encounters
"RA's Life" Benefits of Being a Morning Person
RA's Life Consultation

## Contents

1 SI · Events-Welcome to WISH

6 How It Always Starts with a "Hello"

9 Attempting the Unknown

11 Mr. Strangelove

15 Cherishing a Hundred Encounters

17 RA's Life~

Benefits of Being a Morning Person

21 RA's Life Consultation

## Welcome to WISH

Writer: Ren

Designer: Hinata

Translator : Yui

#### SI programs · Events

A welcome party and a freshman seminar hosted by RAs were held from March 27th to 28th.

The freshman seminar was held on both days from 1. PM and 240 residents attended the event.

At this event, we discussed topics that might be useful for the newcomers. We talked about SI programs, rules to follow when living in WISH as well as part-time jobs, and recommended spots around Nakano.



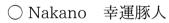
Our RAs who are the experts of places around Nakano introduced different restaurants and shops by categories such as places for residents who like to exercise, places for instagramers, restaurants for foodies, etc...

We even introduced restaurants in Koenji. In fact, there are so many varieties of restaurants around WISH.





 $\bigcirc$  Koenji THE SUGAR FOREST









The welcome party was conducted four times during the two days. This was an interactive event, where people got to know each other. We played Kahoot!, introduced ourselves with the restriction of not using Katakanas, and separated into breakout rooms to play games. Self-introduction without katakana is more challenging than you think. Let's say you introduce yourself like this: "I am from the US (アメリカ), and I am in the School of Sport Science (スポーツ科学部). I It's nice meeting you." Even in this short introduction, there are five katakana words. You might ask how we rephrased the katakanas during the game. For example, "Starbucks" was referred to as "a place with a green goddess where it provides black liquid that stimulates your brain." Katakanas for sure make our lives much easier! I am going to wrap up this article by mentioning some of the comments we got regarding the event. "I am still not in Japan, so I am glad I had an opportunity to talk to people from the dorm." "I had so much fun! Thank you for hosting the event!" "I would love to get to know more WISH members, so I wish you guys could host these kinds of events again!"





# How It Always Starts with a "Hello"

Writer: Chrisanne Translator: Moeka Design: Ainun



When I was a kid, I would lie on the couch thinking about almost 10 different reasons why I despised school. Never-ending homework, 6 a.m. alarms, tests... and the list goes on. However, I know deep down the real fear lies in meeting new people. Funny how as someone shy, everyone seems to be so confident except for you. Stepping into the school entrance alone was almost as daunting as going up on stage with an audience putting their sole focus on you. It might be all in my head, but 10-year-old me was terrified whenever she parted ways with mom.

However, it was in Seoul, Korea that I realised how small I am, and how much more there is to learn about people in this world. My perspective on the people around me has changed after an encounter I then thought it was queer but unexpected. My family and I were dining in one of the sikdang (=restaurant in Korean) in Seoul when one gentleman came up to us and asked us about our day and time in Seoul. Coming from a multicultural country such as Malaysia, I should not have been surprised by how inspiring it is to experience a brief exchange between two people of different cultures.

"My English...not good... but I like Malaysia! I love Malaysian food! I want to buy...ice bar for you because... you will love Korea... people are friendly!" he exclaimed.

I was certain that him stepping out of his comfort zone to simply greet us with a language that he wasn't the most comfortable with, was a turning point in my life; and it was the reason why I embarked on this journey to Japan to spend a gap year before university.



Big, ugly doubts started weighing on me as I looked out across the horizon behind the aeroplane window on my flight to Tokyo. I planned to study my hiragana and katakana on my way here but those plans were spontaneously exchanged with uncertainties. Coming to Tokyo, I am knowingly leaving my comfortable life behind, along with the people I had deep connections with. "Is it possible to make new friends with my non-existent Japanese?" I thought. My train of thoughts was then interrupted by the girl next to me who offered me Maltese's. She explained that she was going to Tokyo for a short holiday and told me about Phuket, where she grew up. As we bonded over chocolates, little did I know how the act of being reached out by strangers made me develop a deeper appreciation and curiosity for the people in the world.

My gap year in Japan has involved an enormous amount of disappointments and joys, ups and downs. The same language I have courageously reached out to people with was the same language that hurt me constantly. The mountains I moved to improve my Japanese were destroyed by doubts about my abilities. Nevertheless, giving up was not an option since the motivation to reach out to others has become ingrained in my lifestyle since I arrived in Japan. I constantly reminded myself that the fear of making mistakes in my Japanese is a part of my pride that should be actively set aside in order to reach another's heart. The understanding and knowledge I receive from each individual have made my worries and loneliness seem so small. Throughout my gap year, I have the opportunity to establish connections with unique individuals from all walks of life, whom some then became one of my dearests.











Since then, the act of reaching out to people has played a significant role in my life in WISH; there are so many people whose lives have been so encouraging. I've always wondered if the man at the restaurant did not reach out, or if the girl on the plane had not calmed my nerves, will I have the courage to live here in WISH, with new people from different countries and cultures? Yet one thing I am certain of is that I have never regretted being the first one who greets them or asks them about their day. Even the tiniest things, such as pronouncing one's full name in their language, can become a catalyst for more meaningful conversations leading to a deeper understanding of their cultures and lives. The people I have met in WISH have made it a community I can depend on in the fast-paced, sometimes lonely metropolitan of Tokyo. In other words, it is never shameful to be the first one to start a conversation with someone you happen to bump into in the kitchen or on the elevator going up.

So for the people who are still hesitant about reaching out, why don't you take up this chance to be the first to say:



# ATTEMPTING THE UNKNOWN

## "Why don't you ever try something new?"

There isn't a day when I don't hear this. After all, I grew up as a kid who was never willing to step out of his own box, I was always scared to attempt the unknown.



During the summer of 2019, I was in Tokushima, Mugi for HLAB, a summer program I had been accepted to. At the lobby of the hostel the participants stayed at, I sat next to my friend while I flipped through the program pamphlet; right after I had told him about what had been bothering me for years. I hated myself for the coward I was, after having countless regrets from looking away at challenging myself, I had just about had enough. Ever since I was in elementary school, I had always looked up to the act of leadership, however my fearful mindset had constrained me from attaining it. As I was about to flip to the next page, my friend stopped me with a clear voice, 'If that's on your mind, you might as well try going for the speech we have at the ending ceremony, after all, you would tell me that HLAB was a great experience for you.' I laughed at his words, but all of a sudden, I was reminded of a scene 5 years ago.

An 11-year-old boy sitting on a soccer ball crying his eyes out, unwilling to go to his training camp. This little boy loved playing soccer. All-day long, he would play soccer with his friends without taking a break. He had a dream; the dream of becoming a soccer player, however, his fearful mindset prevented him from achieving his dream. He would rather stay home and kick a soccer ball alone. Little did he know that a step out of his comfort zone would be able to change his entire life. Little did he know that the choice he forced himself to make later on would transform him into who he is today.

The series of memories flashed across my eyes as I flipped back to the previous page. I stood up and put the pamphlet down. After mustering up my courage, I walked over to the program manager and told him that I wanted to do a speech at the ending ceremony. I looked over to my friend, eye to eye, nothing but a warm smile.

I was called in by the manager of the program on the day before the ceremony. 'Through careful consideration of each applicant, we saw that your speech had stood out from the rest! Congratulations! You were selected!'. While I felt encouraged by those words, they simultaneously made me feel a sense of regret.

As time passed I stepped onto the stage, the sense of regret and worry had not yet dissipated. I wasn't hungry in the morning, so I skipped out on breakfast. I was still questioning the choice I made and I couldn't get a good rest either. 'What if I were to embarrass myself in front of hundreds?' 'Why didn't I stay as an audience?' These were the thoughts flowing through my mind.



There were only three steps of stairs leading me up to the stage, but each step was a journey. I could feel the sweat slipping off my forehead, the absolute silence made me hear the beating of my heart. The eyes were all focused on the spotlight, and there I was trembling in fear. The first few words didn't come out until seconds later, they were apathetic but those words will be locked eternally in my memory.

I stumbled down the three steps of stairs. The first step was a sense of relief, the relaxation almost anybody would feel after an emotional battle. The second step was a sense of accomplishment. The achievement of public speaking. The final step was a breakthrough, the action of overcoming my character.

I believed that playing it safe was always the correct choice. However, my speech taught me an important lesson: breaking out of my box can fully exploit my hidden potential. In the end, I declared:

#### 'I will be back.'

Writer: Takato Translator: Moeka Designer: Misaki

### Mr. Strangelove

# How I Learned to Stop Worrying and Love Tanegashima Island

Writer: Daichi Translator: Satoshi Design: Asami



Despite the dramatic title, I don't have any strange love towards Tanegashima Island, or haven't even started worrying. It's just that I wanted to refer to the movie title. Apparently, the theme of WISH Times May edition is "Encounter" and "New Challenge," but since there is no relation to these two for a person like me, let me tell you how I got to know Tanegashima Island. It's quite obvious that this is simply going to be my travel diary, but I hope this helps you decide where to go for a first trip after the pandemic.

Tanegashima Island is a narrow and long island located in the south of the south end of Kyushu, surrounded by the blue and clear sea and deep green. I guess it's generally known as where the matchlock guns were introduced. Some may know it from the scene in the film "5 Centimeters per Second." However, the reason why I went to this island, even twice, was nothing but Tanegashima Space Center, which is the largest rocket range in Japan. Because of this place, the island is often a victim in fiction, occupied by the military or being attacked by Martian forces.



For a space freak like me, Tanegashima Island was holy, but it was always through the screen that I saw it. I've always wanted to see the brave figure of a large rocket, its flash, and its roaring sound someday, but the rocket does not choose to launch for a long vacation, so it's very difficult to see it. However, the turning point came in the winter of the first year of high school. The launch date coincided with the high school entrance examination holiday. Moreover, since the onboard is the government's satellite, the launch schedule has not been widely reported, so there seemed to be relatively few people in the places where we could see it. I immediately booked a tour from Kagoshima Port, and while the teachers were busy scoring the entrance exam, I left Haneda Airport the morning before the launch. At a restaurant at Kagoshima Airport, I devoured a specialty, chicken rice, and at around 3 o'clock that day, I was on a high-speed boat bound for Tanegashima. And, unfortunately, I heard the news of the postponement of the launch on the ship. The reason was a strong wind. I decided to extend my stay on the spot, but the next day's launch was also postponed. Since the holidays are over, the limit was 2 days. How good it would have been if I were a student who was so brave that I could skip classes. Eventually, shortly after noon on the day I returned to Tokyo, the H-IIA Launch Vehicle No. 38, which carried the government's satellite, set out safely into space. It was February 27, 2018.

However, extending the stay was not in vain. Since the launch was postponed, the extra time could be used to visit various parts of the island. I would like to introduce the spots in Tanegashima that I visited, including the place when I revisited for revenge to see the rocket.



Gun Museum: Learn about the history and folklore of Tanegashima.

In addition, many old-fashioned guns and Kanata are on display. Tanegashima is the place where guns were first introduced to Japan.

Tanegashima Space Center: Images of this place are frequently shown in the news. It is said to be "the most beautiful launch site in the world". There is also a science museum in the facility. The cutlet curry in the employee cafeteria is very delicious.

Tanegashima red rice museum:
Tanegashima is also the place where rice cultivation was first introduced to Japan! I recommend mixing red rice and white rice and cooking.



Kayaking: You can kayak the northernmost native mangrove forest in Japan.



Ingee Jidori: Has roots in chickens aboard a British drifting ship. A phantom chicken that you can eat only here.

Chikura Grotto: A cave along the coast. The origin is that it can accommodate 1000 people.

The surrounding sandy beach is also beautiful.

Brown sugar: Sugar cane is a specialty of Tanegashima. Tanegashima's famous sweet "Rinkake" is good for a souvenir.



Large cycad at Sakai Shrine: His age is 600 years. The best cycad in Japan. Is this really a cycad ...?

I've introduced a lot, but these are just a few of the attractions of Tanegashima. Meeting the locals made the memories of the island more enjoyable than the tourist spots. The space freak who was with me on the tour, the host of the guest house who even kindly responded to high school students, the taxi driver who kindly guided me around the island, elementary school students who were leaving school to greet me, the staff of the meeting place who sent me by a light truck to the nearby city area... Looking back, I was surprised again that I had met and been helped by so many people during my short trip. I think this kind of unexpected encounter is the real pleasure of traveling. When the pandemic is over, please visit Tanegashima once. Spectacular nature, warm people, and exquisite gourmet food will be waiting for you.

# Cherishing a Hundred Encounters

Writer: MIU
Translator: RENUKA
Designer: YUKIE

It's already been a month since the start of the new semester. Opening ceremonies were held for the 1st and 2nd years, and I too have finally begun my first face-to-face classes as a sophomore. I'm certain there will be many more wonderful encounters to come from this point on. There may be encounters that enrich my life, or those that help me grow as a person.

I believe there are two types of such encounters. Those that happen through one's own actions, and those that occur coincidentally by another's approach.

A good friend of mine who is always worried about her sensitive skin wanted to get her hair bleached, but when she asked her usual stylist, they said it couldn't be done. Having no other choice, she was resigned to give up on her dream hairstyle of a high-toned bob. When she later went to a different hair stylist, however, they told her that it could actually be done, using a painless method of applying the coloring agent slightly away from the scalp. For my friend, who had never been able to freely dye and style her hair, this seemingly trivial encounter with her new hair stylist was extremely significant.

Even in situations where you find yourself thinking 'It's impossible anyway' and giving up, one simple thing can turn that around; there is always a way to make yourself happier. Unruly hair can be straightened into submission. Using that new hair oil you've had your eye on will improve the quality of your hair. After listening to my friend's story I realised that there are always things and ways you can find to help you become a better version of yourself.

In the same way that my friend opened herself up to the opportunity of visiting a new hairdresser, I believe it is important to open yourself up to new encounters, come into contact with new values, and take on new challenges actively, so that you may take yet another step closer to being the person you want to be.





Of course, there are also encounters that take place even without initiating them yourself. My mother, who is a piano teacher, made me learn the violin, as she wanted her daughter to be able to enjoy music surrounded and supported by many people, like in an orchestra, instead of playing the piano by her lonesome. This encounter with the violin was not one I engineered by myself, but was presented to me by another.

Till date, the violin and my music have been my dearest friends and constant companions. In the same way that sweets are for some, playing the violin makes me happy when I'm feeling down. Sometimes I wonder if all my memories are somehow mingled with music in one way or another. When I now play a certain melody I'd learned as a child, memories such as the scent of the classroom, the teacher's terrifying face, memories of old friends, my thoughts and feelings at the time, all come flowing back. It feels strangely nostalgic. It makes me realise time and again just what a big part of me my music is. If I were to compare my chance encounter with the violin to a small seed, then treating it as something precious and watering it everyday has helped it grow into something more; like the tree of a fateful encounter, whose foliage I can no longer live and breathe without.



As I play the violin today, I promise myself that I will continue to cherish these two types of encounters, and create relationships which will enrich my life. There is a famous idiom in Japanese, 'ichi-go-ichi-e', which expresses the importance of cherishing even the smallest of encounters.

For me, cherishing a single encounter is not enough; for every hundred encounters you have, cherish every single one.



# ~RA'S LIFE~ BENEFITS OF BEING A

WRITER: RIO TRANSLATOR:ASAMI DESIGNER:RIKA

#### **MORNING PERSON**

This is the third serial of the WISHTimes "RA's Life". In this article, we will pick up different RAs each time and introduce their lifestyle. So this time we asked the RAs who are working on morning activities, Rio (3rd year), Kana (4th year), and Non (4th year) to tell us about the advantages and effects of morning activities! Please enjoy until the end!



orning person vs Night owl. It's a hot topic throughout the long history of humans, just like "cats vs dogs" or "love vs money."

I' ve been a night owl for so long, but I changed to a morning person during the spring break last year. Since then, I am so into getting up early in the morning, and I can never go back to a night owl.

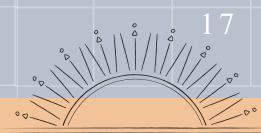
"The early bird catches the worm."

"Go to bed early, get up early and have breakfast." Maybe you' ve heard enough of it since childhood, just like me.

For me it was enoughly enough, and it was not until the change that I realized what's good about rising early.

Here I would like to share what I discovered through my year as a morning person. I hope you see some merits of being a morning person.

To begin with, I asked two RAs, as bright as, or maybe even brighter than the sun, how they spend their mornings and the merits of getting up early.





#### 10F RA Non

Non is like everybody's elder sister, she is so caring and kind that I always end up being spoiled by her. She's also known as a radio personality! With her unique sense of humor, she really is a professional in entertaining people.

#### Morning Routine

I get up at 7 in the morning and wash my face, wear contact lenses, brush my teeth, make my bed, do some stretch, have breakfast, and vacuum my room! All of these are a single set of my routine. Making your bed is especially recommended because you'll never feel like going back to sleep when you see your wrinkle free bed sheets!

#### Benefits of Waking Up Early

What I like about getting up early is that you get more time to be active in a day. Also you'll have more time to get ready to go out so you don't have to be in a rush.

I was a complete night owl until sophomore, but I reformed myself after oversleeping my final exam and became a morning person…from this experience I can tell that you should "get up in the morning and go to bed at night" during your college life.

The biggest change after the shift is that I have more free time! I started doing the things that I tend to put off, like reading books and doing housework, in the morning, so it naturally increased the free time at night.

#### 7F RA Kana

Kana is so full of energy that you get energized by talking to her. She might be glowing by collecting the morning light. She's like a mother of WISH because she cares a lot about the residents. It's always motivative to see her being active.

#### Morning Routine

I get up at 6 in the morning and open the window to get some fresh air.

I start my day with a cup of hot water, or sometimes soy latte, if I have time.

I listen to BBC World News while I do my makeup and get myself ready.

#### Benefits of Waking Up Early

The real pleasure of getting up early is that there will be longer time that you can utilize in a day. Last summer I went to bed at 2 and got up at 10 everyday, and my summer ended so quickly because of that. I thought that the year 2020 is going to pass so quickly if I keep on doing that so I started the morning-oriented lifestyle. A tip for getting up early is to "write a todo list of what you have to do next morning before you go to bed" and to "set multiple alarms." Most of the time, you'll be able to wake up if you have things to do. I also meet my friends to clear my tasks such as checking emails, doing zemi homework, and reading books. If you do those in the morning, you can spend the night time taking a leisurely bath or watching movies, so I definitely recommend you to be a morning person.

Yes, that's what we call neat…! #NeatLife…!

From the fact that they were both night owls before, I guess being a morning person / night owl doesn't depend on what we are born with, but a habit thing. I am a morning person now but I used to be so bad at getting up in the morning, so even though you think you won't be able to change, you actually can if you change your habit.

Also, what they both mentioned as a merit of rising early is that there will be more time to be active, and I really think it's true. The bedtime is going to be early too so the actual time of being up doesn't really change, but "the way you use your time changes" so there will be more things that you can do. How you feel the fulfilment of the day will be quite different depending on how early you wake up.

Now I would like to introduce how I spend my mornings too.

#### My Morning Routine

I get up at 6, wash my face, and admire my plants and the sky. I can't even tell if my head is beginning to clear or not at that time, but I like it when I just think about random things as I see the sunrise and the sky gradually lightening up.

There's something majestic about the morning sky, it's clear and it has so many faces. Seeing it from WISH is surely an option, but taking a walk is also nice. I sometimes go for a run around the Central Park, alone, or with my friends.

After that I go through my todo list, check my email and LINE, and do my homework.

I can get more work done in the morning because both the atmosphere and my mind is calm.

What I recommend you to do to start your morning time is to wash your face to wake yourself up, and to raise the blinds to let the light in, just like plants photosynthesize. The important part is to sit on a chair, because if you sit on your bed you'll go back to sleep again.

I like spending the mornings alone, but hanging out with friends is also a fun thing to do.

I hang out with my friends to have breakfast several times a week, and I often go to BELLBE, a bakery in Central Park. This year I also went to Meguro River and Yoyogi Park to see cherry blossoms. If you go in the morning, there are less people and you can get all kinds of fresh bread from the oven wit's goodness overload.

It's such a pleasure to spend the morning time with the people I love, they give me power to go on with life. And if you're outside, you feel alive with the fresh air, warm light, and nature.





#### Benefits of Waking Up Early

There are so many advantages in getting up early, maybe as much as the number of student clubs that exist in Waseda, so I will just pick up 4 of them to introduce you.

#### I Got Healthier

You know you get hungry when you stay up late, and end up eating something. I sometimes didn't feel well, and I guess it was partly because of the lack of sleep, which is caused by the late bedtime. After shifting to the morning-oriented lifestyle, I feel healthier, both physically and mentally, and that's probably because I'm having enough sleep.

#### No More Nomophobia

Since there was nobody who could stop me, once I opened Instagram or YouTube at night I kept browsing it until 2 or 3 at night, and every night I hated myself for doing that. After changing the time to browse my phone in the morning, I stopped using it endlessly because I have to move on to the next schedule of that day. Also, if you get up early you will have some sense of duty to utilize the time of the day so you will be able to resist the temptation to check your phone meaninglessly.

If you really can't get rid of your phone at night, you should just throw away your phone, put the light off, and dive into your bed at the very moment that you decide to sleep. Do it rhythmically.

#### I Became More Active

I stopped wasting time on unnecessary things by waking up early, checking the todo list of the day and thinking about how I want to spend the day. When I was a night owl, I felt like my brain was working better at night, but that wasn't true, it's easier to concentrate in the morning so you get more work done. Also if you write things at night, your sentences are going to be pretty messy because your brain's actually not working, and you'll have to rewrite it next morning anyway. If you do it in the morning when you are wide awake, you don't have to do such a thing so you can finish it earlier. Even if you can finish your task during the night you will wake up late the next day and regret wasting most of the time of the day.

#### <u>Higher Quality of Life</u>

By waking up early and taking some time to look at the sky or to think leisurely, you can have a room in your mind and spend a happier day. You'll be able to stay positive and sense small happiness. This kind of change in the quality of life cannot be physically seen, but it's the biggest reason why I am proud of being a morning person.

I hope you now see the merits of being a morning person.

What is your new challenge for this year? To be a morning person? Well, after reading this it should be, and after a year you'll be so into it.

Join the breakfast club!



To match this month's theme "New Challenges," we decided to make a section for life advice. This month, the two RAs are giving us advice about the new semester.



#### About part-time job and friendships

**Concern:** I am an engineering major, and I was wondering where and how often people usually work. Also, how do you think I can make friends from the same department now that everything's online?

A lot of people work at restaurants or have tutoring jobs. Restaurants tend to pay well, but tutoring is not as physically demanding, and you have the freedom to choose which subjects to teach. I used to work three times a week as a tutor, although I could have worked five times a week if I wanted to since one working session is one class period.



RA Renuka

If you want to make friends, I recommend you to join small gatherings. Especially during the new semester, I encourage you to join club activities' welcome events, and you might find one that suits you!

My personal favourite is ICC (Intercultural Communication Center). As you can see from the posters around WISH, ICC holds different events with diverse themes where you will have an opportunity to make friends and expand your horizons. Currently, our ex-RA Vivian is a member there, so you should check it out!



#### **About time**

**Concern:** Ever since I came to college, my class schedules are different every day, and it is challenging for me to manage my time efficiently. I am sure the RAs are super busy, so how do you spend your day?



RA Moeka

6:00a.m. Wake up, breakfast, and get ready

8:00a.m. Start my part-time job

3:00p.m. Done with part-time job

13:30p.m. Come back to WISH and have lunch

14:30p.m. On-demand classes, reports

18:30p.m. Exercise

18:50p.m. SI programs, SI preparations

20:30p.m. Dinner

21:00p.m. RA activities (Online meetings, WISHTimes activities)

23:00p.m. Shower and go to bed!

It does not necessarily go like this every single day, but I wrote out the weekday schedule that made me feel productive.

The key here is to finish my assignments for the university as quickly as possible since I can't cut on my part-time job and RA activities time. When the due date for reports comes around, I sacrifice my sleep, so sometimes during the weekends, I sleep in until ten. Don't get too stressed though! It's important to have days where you treat yourself.

My hobbies are reading, working out, and watching movies. I like to read books while I am on the train. I do some exercise regularly in between my study times, but sometimes those little breaks end up being too long... During school days, it is hard for me to have time for my hobbies, so I save the fun for spring and winter break.

I am sure that you have a lot of things that you want to do as a college student, but the best advice I can give you to "Study hard, and play hard". I still have two years of university life left too, so let's keep on going!



## **Contributions**

#### Writers



Daichi



Takato



Ainun



**Designers** 

Rika



Chrisanne



Miu



Misaki



Hinata

#### **Translator**



RA Supporters



Satoshi



Moeka



Miho



Yukie



Renuka



Asami



Ren



Rio