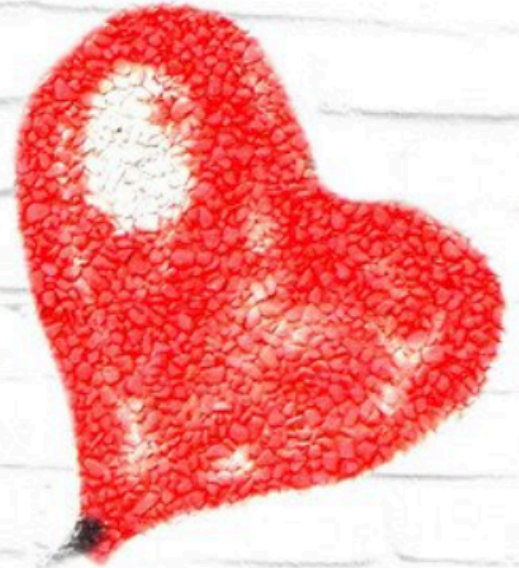


# WISH TIMES

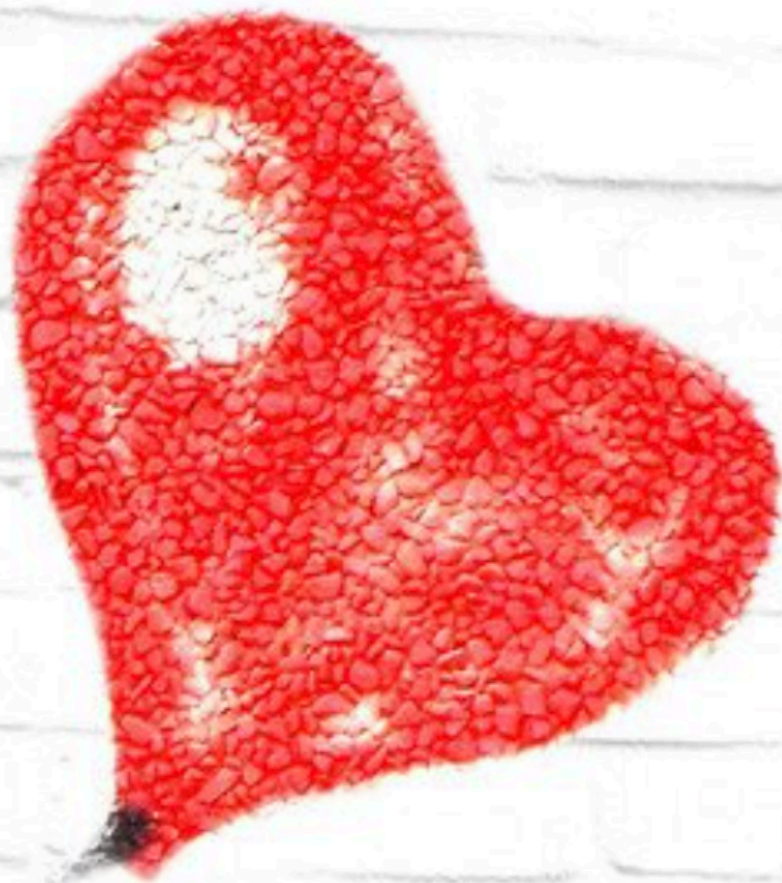
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January 2021



" G o o d b y e . "



Dazzling Figures  
(What I Think About Farewells)  
Goodbye 7th Floor  
Tokyo is in the forest  
Interview with graduate RAs  
RA's Life consultation



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# DAZZLING FIGURES

## *What I Think about Farewells*

Writer: Haruka | Translator: Naomichi | Designer: Ainun

I received a gift recently. A flower. A yellow, single blossom of rose. Sometimes, ornaments like a flower can really lift one's spirit. Its vivid colour surrounded by the whiteness of walls in WISH was such a delightful sight that I was even encouraged to fix my messed up routine. Sadly, like all living things, its bloom is coming to an end, as the petals get duller, day after day. I wish someone could just come into my room and ditch the rose while I was out. I know I'm the one responsible for that, but I just can't. Actually, the flower is still placed in the living room, as I'm writing this article. I know that it's self-indulgent of me, but I'm keeping the rose as it is, even if she hates the withered appearance of her own.

I hate the last moments before farewells. These moments could be anything; a departure of friends or seniors, or myself, the withering of a gifted flower, and the list goes on. If I was hanging a solemn face at a scene of farewell, I'm probably thinking about the proper way of saying goodbye.

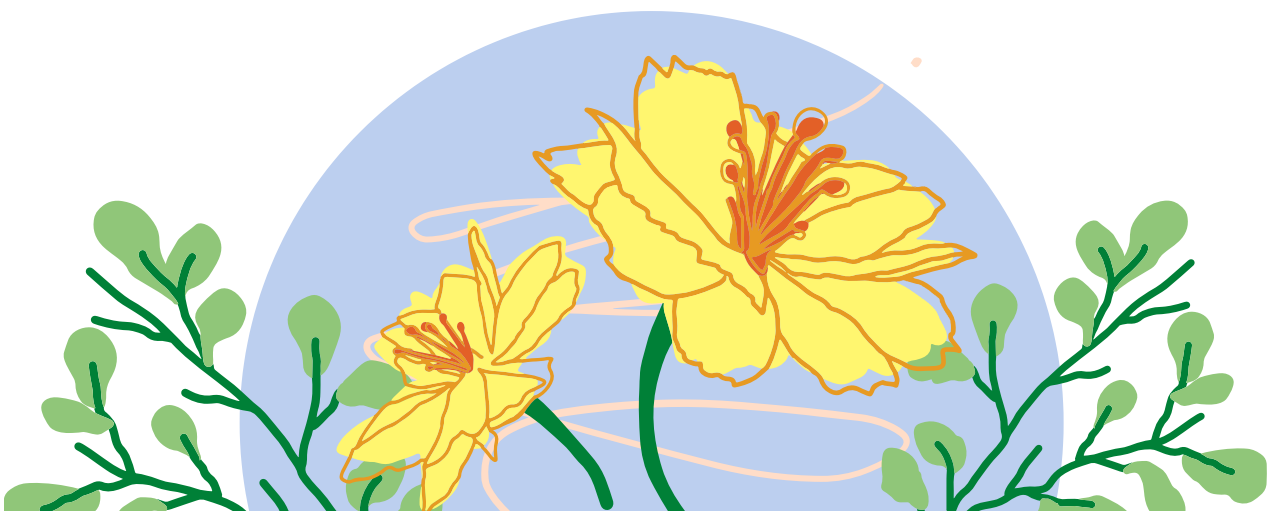
*Should I say something?*

*When should I walk away?*

*When should I get rid of this rose?*

**Never did this kinds of questions  
leave me alone.**

Knowing that there shall be more goodbyes in the upcoming year and I still do not understand how to properly address it, my mood was already dampened.



If I had to choose, I would rather be the person to send others off. It is apparently easier for me than a departure. It doesn't matter whether it is a person who I loved or hated. All I need to do is stand still and observe their figures getting smaller and smaller, until eventually you cannot see them anymore. When they turn around to see you one more time, just waive your hand and smile, indicating that you are still watching. Sometimes I can feel the sorrow has numbed my legs, but as the one to stay, I have got all day long to linger and absorb the pain of farewell. I do cry. Sometimes it comes in a gentle weep, but I will probably never sob and hold the leaving person up at a scene of farewell. I'm not 5 years old anymore. Be that as it may, sadness is still as strenuous to endure as ever. That's why I stand still after I send people off— so that I can focus on processing the springing wistfulness calmly within my heart.

If you're seeing off a person you didn't like that much, things would get way more simple. Give them a large pretentious smile and just walk away. Nothing is more painful than leaving from a place and people you're attached to. I force myself to smile, because I don't want to hurt their mood. I may seem to be enjoying the conversation, but the truth is I'm dying inside. You can even feel the awkwardness in the conversation. Something just isn't right. It's my job to cut off the chit chat. After all, I'm the one leaving. I freaking hate this moment. The moment when you have to torture yourself by telling the folks you love "I gotta go." At that moment, I'm a liar, both to myself and them. The last thing I wanna do is leave them. Now, it's time to turn around and start walking. Ugh, at this point, even walking is hard. The gaze of the people behind me are just too much, but the absence of them is even harsher. That's why I never look back when I depart. What if they're not there anymore? I'd rather be labeled as cold-hearted than get disappointed at their absence.

Till this day, I've seen so many people off. Their dazzling images keep playing back in my mind. Those are the figures of the people I've admired, and I wish I had the same kind of aura, too. I wish as I go, my receding silhouette would tell people that I'm going to be just fine. I know I'm not tough enough to show them that I'm completely invulnerable to sadness, but at least I've got to let them know that I will overcome it, that I'm full of confidence and vitality.

I don't know if I'll ever catch up to my idols, but I'll try even if I don't know how. People seek positivity in encounters with new stuff; we're always looking for new hope, passion, energy, etc., and I guess so will I.

But, hey, I'm still a freshman; perhaps I'm going to be experiencing more send-offs than departures.

## SPRING IS COMING—

*yet another spring to be carefully observing the dazzling figure of people departing from where I stand, with sentiment and regret.*





In the spring of 2021, the long history of 7th boys floor will come to an end. The author, who has lived on the 7th floor for about 2 years until today, has had a strong connection with the 7th floor, as his second home. A little loneliness is left inside of me when I think about how I will not be able to go to the 7th floor, as it will be the girl's floor from March. However, the community on the 7th floor is not a physical place but a connection with people. The author believes that this is the only thing that will never decay. In this article, the history and the legends of the 7th floor will be introduced, along with an interview with the residents who currently live on the 7th floor. The souls and legends of the 7th-floor residents spun on the 7th floor will surely continue to stay in our hearts forever.

## See You 7th Floor

Writer: Koki  
Translator: Nao  
Designer: Ainun

## Interview with 7F residents

**RA** Luigi

- **The most memorable experience on the 7th floor**

For me, who has been watching the 7th floor of WISH longer than anyone else, there are so many episodes related to the 7th floor that I can't describe. There are so many crazy, legendary moments on the 7th floor, including the farewell party for the 7th floor RAs, Taisei and Mitsuki, and daily conversations. Even so, the most impressive experience for me was the episode of COVID-19 quarantine under the state of emergency.

Due to the spread of the new coronavirus infection, I was asked to return to my parents' home, but I was in trouble because I had no home other than WISH in Japan. At that time, it was Y.S., who lives on the same 7th floor, who called out to me. His hometown is Shodoshima, and I had the invaluable experience of living with him in his parents' house for about three months. There, I was able to learn about the local situation that I had never known before and one aspect of Japanese life. For me, who had never had a homestay experience, everything there was fresh every day. Before that, for me as a city boy, it was my first time to live in a rural area, and I was able to live a relaxed life. Y.S and I are completely different from background, faculty, hobbies to future goals. Without a place on the 7th floor, I wouldn't have been able to become this close, let alone get to know each other. It's all thanks to the 7th floor that I was able to meet such a unique best friend that enriched my college life.

- **Who is the legendary man on the 7th floor?**

The legendary man on the 7th floor for me is B.M. There are countless episodes of him. The intercom in the room rang when I was sleeping soundly around 3 o'clock midnight one day. When I answered the intercom while being half asleep, B.M was standing there. I was really worried because I thought there was an urgent accident such as injuring a resident. I asked him what happened, and he said, "Good evening, Mr. Luigi. What do you think about work-life balance?" I love this episode now, but I thought it was really crazy at the time. After all, he is the legend and I love him.

- **The most memorable experience on the 7th floor**

Over the last two years, I have had a truly diverse experience through the community on the 7th floor. All of them are a series of impressive and unique memories. In particular, I still vividly remember the unity of the 7th floor residents and the strength of their self-assertion. Back when we just started our dorm life, we were all desperate to stand out, and now that I think of it, it is very funny. Above all, I feel that the curry party and the dormitory ceremony clearly showed the 7th floor. At the curry party, which was the first floor event held on the first day of entering the dormitory, everyone was unique from the time of the first self-introduction. The backgrounds and hobbies of the residents varied, and being able to live for two years in such diversity is one of the great things about living in WISH. I still remember that the self-introduction eventually ran into nasty topics, and looking back, it was terrible. This stays here since it's embarrassing, but I personally imitated a minor baseball player at the end of my self-introduction and no one found it funny... Also, at the dormitory ceremony, all the students on the 7th floor shouted "7th fleeeeeet !!!!!", which is a memory I want to forget but I can't forget, but now that it's over, it's a memory I cherish.

Suddenly dancing to a song at a joint event with the girls' floor, playing music on the speaker at the BBQ and dancing at the riverbank, asking a girl for her number at the hot pot party with the girls' floor... There are no end to these lovable, stupid episodes.

- **What's great about the 7th floor**

The beautiful scenery from the window is one of the great things about the 7th floor. Since it is the top floor of the men's floor, Mt. Fuji can be seen standing in the clear sky on a sunny day. Seeing this in the morning has dramatically improved my daily productivity. In the evening, the setting sun dyes the city madder red and you can see Tokyo covered in red. Only this itself makes me glad that I got to live on the 7th floor. But being able to meet wonderful and unique friends on the 7th floor was the number one factor that makes me happy to be a 7th floor resident. This is it. This is a personal opinion, but I think that the 7th floor had a lot of unique members. There were various people. Living together with them was difficult, but when I look back on it, it was really an amazing experience. I've mentioned the negative side, but in reality, there are sides of residents that I respect, such as working hard when no one is looking, having a manly part, and having their own thoughts and beliefs. Through the encounters on the 7th floor, the importance of having a wide perspective and thinking flexibly, rather than trying to judge people with a ruler, was reminded. Also, I am really grateful to all the RAs on the 7th floor for their efforts in creating an atmosphere and community that encourages interaction with people.



## Resident

Sakurai (currently 1st grade)

- **The most memorable experience on the 7th floor**

It was quite impressive that the 7th floor male residents were highly engaged compared to the other floors—we had unusually high attendance rate at Ueno Park event, and high purchase rate of the WISH hoodies. From these things, I can clearly see the 7th floor residents' love and enthusiasm for WISH. As for the events held online, I was able to live it up with the members on the 7th floor, and spent a great time. Due to the COVID-19 this year, I couldn't participate in the face-to-face event, and there were relatively few opportunities for the residents to get to know others, but I was able to cherish the everyday life.

- **Do you feel happy to be on the 7th floor? If possible, please be specific.**

I am glad that I was able to spend my college life on the 7th floor because I was able to meet friends I feel comfortable with. At a university, unlike junior high school or high school where there is no classroom, I feel that the experience of sharing such a long time with students of the same age is really valuable. Each of the 7th floor residents has excellent talents in various fields and aspects, and living together with them inspires me and has a positive impact. In addition, the community on the 7th floor is an irreplaceable home for me in the sense that I was able to find people like a companion or family who can talk about anything frankly.

In addition, in the times when the new coronavirus was rampant, the residents on the 7th floor respected the rules and tried to act with awareness and did not neglect the manners to prevent the spread of infection, which I respect. I would like to have a lifelong relationship with friends who I share a common goal.

- **What kind of feelings do you have towards moving to another floor?**

I still feel a little sad when it comes to letting go of the 7th floor. However, even if the place where we live changes, I believe that the relationships and connections spun by the community of "7th floor" will never disappear. I think that the seeds of friendship and experience cultivated over the last six months will surely make a large flower bloom in the next stage. I look forward to meeting more diverse people on the new floor.



## A message from people (RA) who are related to the 7th floor



### Mitsuki

To be honest, it's very sad that the 7th Fleet, a floor full of memories, will be gone! Even if it becomes the new 7th floor, I want it to be a floor that inherits the crazy atmosphere of the 7th Fleet.

### Kein

I liked the crazy on the 7th floor.

### Kaito

The 7th floor was a good floor.

### Yoshihiro

With three years both as a resident and an RA, 7th floor has been and will forever be my "home". To all 7F residents, although our floor will end soon, please make the most of the incoming experiences at your new "home" floor with the memories that you shared on 7F. I myself will do my best at the new stage of my life after graduation. Von voyage, 7th fleet !!



### Musashi

*"People move, and change, but what we look up to, is the same ideal light."*

It was the best floor. I would like to ask all the residents on the 7th floor to demonstrate the spirits on the 7th floor on other floors as well! Ooo~  
7th fleet !!

### Taisei

Congratulations on graduating! We support everyone on the 7th floor to play an active role in the world! Also, since I graduated from the dorm, call me Taisei-san.



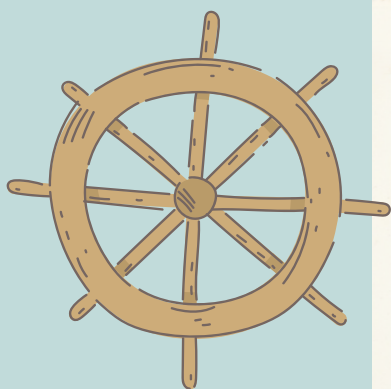
## Summary



### '7thFleet'

This is the theme and symbol of the 7th floor.

We, the 7th floor residents, became one of the sailors of the 7th Fleet from the day we entered WISH. We embarked on a long journey with this mothership on the 7th floor. On that journey, there were days when rough waves such as failing courses and there were days when the warm breeze gently wrapped up, such as acing an A+ and succeeding in extracurricular activities. We have been fighting as 7th Fleet with the goal of college graduation and self-fulfillment.



*No matter how much you fail and frustrate, if we return to this ship, our wounds healed, and allowed us to prepare for the next war.*



It is now the time for the 7th Fleet to retire, and for us to leave this mothership. All the successes and failures, irreplaceable memories and connections with friends, will surely be what keeps us going. The journey of the 7th fleet's sailors will not end.



writer: miyumi  
translator: yui  
designer: yukie



# Tokyo is in the forest

*essay*

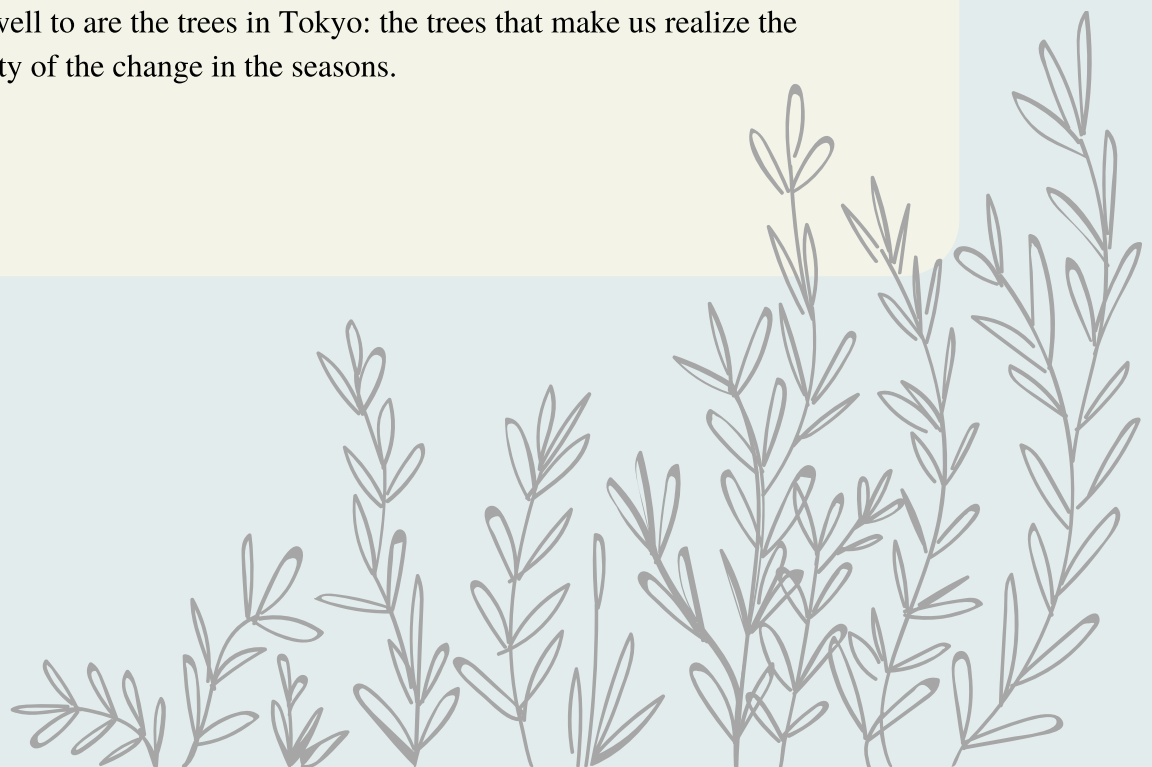
I have been involved in WISHTimes' publication as an editor for over a year and a half now. This is going to be my first ever and last article for WISHTimes, since I am graduating in March. Now, I am yielding this job of rushing the writers before the deadlines.


The theme for this month is "goodbye." This is a word that involves different emotions, a word that I want to leave to the university, the dorm, my friends, and Tokyo. Some say that "See you" is better than a "Goodbye", but I personally don't want to make promises I can't keep. It makes me uncomfortable to leave these lingering ties uncut.

That is why I was content when my fellow editors told me about this theme because it felt like we were on the same page.

That was a long introduction, so now I am going to jump into the topic.


I might be that type of person for which social interaction is not at the top of the priorities list, but believe it or not, I am not cold-hearted. It is true that I am not going to attend the university's graduation, and I didn't even join the graduation photoshoot. I just prefer staying home and hanging out with my parents' cat instead of taking pictures that I am not going to look back at. Just to clarify, I really did make some lifelong friends in university. For others, it might be the people that you say goodbye to, but for me, something that I really want to bid farewell to are the trees in Tokyo: the trees that make us realize the beauty of the change in the seasons.





I grew up in the countryside of Kyushu Island. The tallest building in the town was school. On the sides of the pathway to the school, there were cherry blossom trees and ginkgo trees. My parents' garden is filled with fragrant olive trees, weeping plum trees, chestnut trees, and hydrangeas. It was not the best-maintained yard, but still, it was truly beautiful. The trees would soak up the bright sun and absorb the abundant rain of Kyushu, so they grew at a pace that made it impossible to maintain. It was the same for the trees alongside the roads. During spring, there would be tunnels that cherry blossom trees would create above the roads, and it was one of my favorite views. It seemed like the stars were raining when I laid down on the ground and gazed at the wisteria flowers that grew near my school.

When I moved to Tokyo, the trees of this city crushed my heart. I could not stand seeing the fragile branches of the tiny trees, which would only get to see the sun for the blink of an eye because of the shadows of skyscrapers. When the change in season comes around the corner, the differences between the trees that don't get a fair amount of sunlight, and those who enjoy the privilege of the sun becomes more noticeable. While the latter is blooming and the soft leaves are luxuriating, the former that only gets the setting sun grows at a slow pace. However, it was always the trees that didn't get as much sun that survived the longest. They remind me of the long-distance runs I had to do throughout the six years of middle and high school. I was always the last one and alone, just like those trees.



In early mornings the birds fly in groups, and when they come out from the shadows of the skyscrapers and enter the morning light, for a few seconds their feathers shine like silver. When I first saw that, it took my breath away. It almost made me feel ridiculous when I compared myself to them, flying high with their shiny wings, and me trying to fit into the city with my high heels. I suppose this magical phenomenon only happens during sunrise, as I have never seen it during sunset. Just like the famous quote from ‘The Pillow Book’ by Sei Shonagon, the best time during winter is in the early morning. If you get the chance to wake up at sunrise, I really want you to pay attention to this phenomenon. Just like the birds shine with the sunlight, so do the trees shining in breathtaking golden color. Yet, the beauty of the trees comes with a little bit of melancholy; the birds can fly towards the sun, but the trees just have to wait in one place until the sun rises.

Do you know the difference between “hayashi” (林) and “mori” (森), two words for “forest” in Japanese? You might think that size is what makes them different, however, it is the fact that “hayashi” are made artificially, and “mori” is a natural habitat. The trees in a “hayashi” are planted at the same time, so they grow at the same pace; they blossom, change color, and shed their leaves all together. On the other hand, “mori” is composed of different trees of various ages and types, so they grow at their own pace and go through changes at distinct times.

If you think about it from this perspective, the trees of the city are living in a “mori.”

I am sorry for pitying you, for thinking that you were unlucky that the skyscrapers are taking up your sunlight, and for assuming that you are starving yourselves because of the barren soil. It was just me who compared you to the other trees and perceived your existence as a miserable one. You are just living to your fullest and showing this bland city the changes of the seasons without a complaint. You are spreading your roots in the forest of the city.

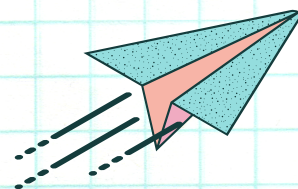
As I leave this city that I’ve lived in for over two years, I reflect upon what I have gained here under these trees.

Goodbye, trees of Tokyo.



## Interview with graduate RAs]

Writer: Moeka | Translator: Moeka | Designer: William



This is the second serial article of "RA's Life!" In this series, we will pick up different RAs each time and introduce the appearance of RAs that are not usually known. Since the graduation season is approaching this month, we interviewed the two RAs who are graduating soon. Rion (PSE senior) on the 9th floor and Yoshito (HUM senior) on the 4th floor cooperated on the interview. Both of them are pretty busy every day, but they have lived up the WISH events and contributed a lot to the SI programs. This interview was organized because we wanted to get closer to what kind of RA activities they usually do with their passion. Please enjoy the interview article that these two RAs talked about!

### 9th floor RA, Rion

#### 1. First of all, please introduce yourself.

I'm Rion, a senior student in the Faculty of Political Science and Economics. I've lived in Hyogo prefecture until high school, and I'm a Kansai person who loves comedy. I hadn't been to Tokyo until I came to study at university, but I've had a lot of fun over the last four years!

#### 2. Why did you decide to become RA?

When I entered university, I was very anxious because I didn't know any of my high school friends, seniors, or anyone. However, the RAs who warmly welcomed me were very cool. That's why I also wanted to be able to support the dormitory students at that time.

#### 3. What was the most fun part of being an RA?

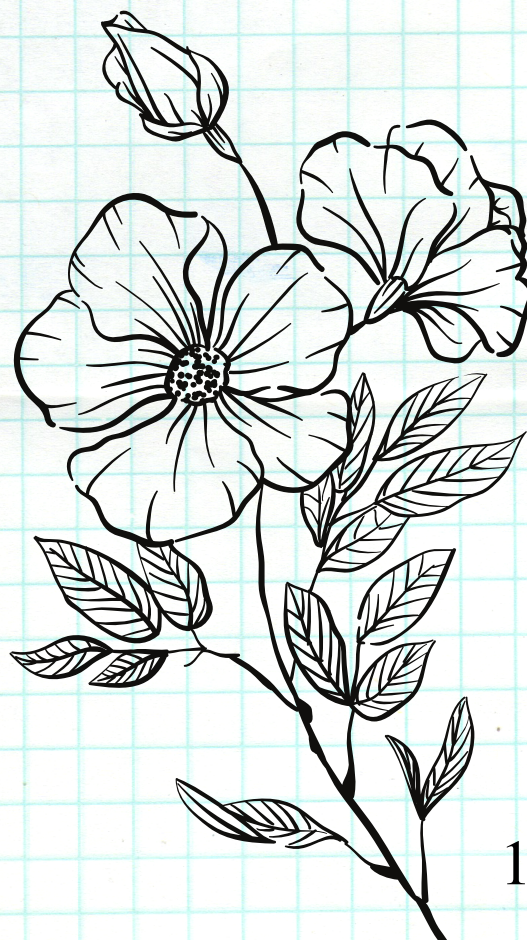
I participated in the WISH SI Overseas Award training as RA to lead the group. We went to Malaysia and did fieldwork with local Panasonic staff. The program to work from scratch in a completely unfamiliar environment was very exciting for me. Although it is such a time, when the corona is over, I hope everyone can experience the SI award again.

#### 4. How do you deal with depression and sadness?

When I feel like I regret my choice, I will do my best to think that I am the only one who can make my choice right! Another thing is I always try to keep in mind that my favourite celebrity, Sanma Akashiya quoted "Make a profit just by living."

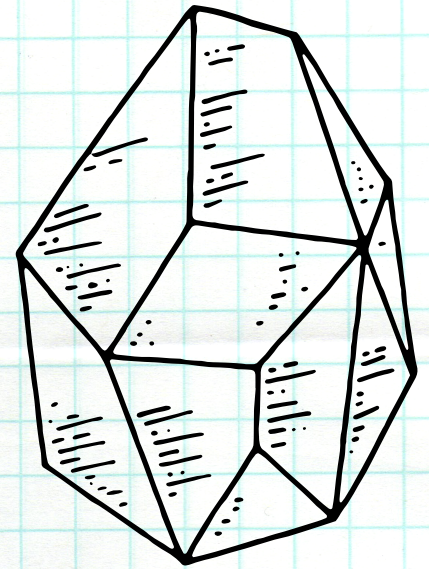
#### 5. What is RA for you?

The most fun and reliable buddies!



## 6. What skills did you gain as an RA?

First, always remember to smile. It can be difficult sometimes, but I think that if RA has an unpleasant facial expression, a dismal atmosphere will float around the floor. In order to avoid it, I try to smile naturally at all times. Second, I am more confident with my coordination skill now. Even though I have tons of work to do in just one event, such as making a budget and schedule management, I gained the ability to move forward while coordinating with various people.

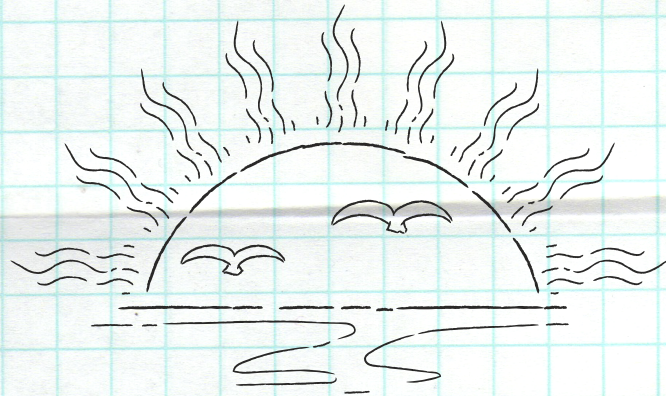


## 7. What kind of part-time job have you done so far?

I had a part-time job at the university's ICC (Intercultural Exchange Center). There are a few former WISH students and former RAs are also working over there, so if you are interested, please check it out!

## 8. What is your daily routine?

Drinking coffee in the morning. I feel like caffeine makes me stay awake.



## 9. What are your goals after graduating from college?

I want to become a BIG leader who can make a speech in the SI program! I wish I could come back here someday.

## 10. Finally, anything else you would like to say to WISH students?

Please appreciate the relationships that you made in WISH. Many of my friends have already graduated, but I still meet my good friends on a regular basis. I know it's easy to forget when you live in the same place all the time, but I think WISH students are always comfortable to meet.

Besides, please make full use of WISH resources. I think that both out-of-dormitory training and SI will be a really great opportunity when I look back on my college life. I think it's a good idea to take advantage of these chances to communicate with various people and broaden your horizons.



## 4th floor RA, Yoshito

### 1. First of all, please introduce yourself!

Hi, my name is Yoshito! I'm a plant lover who lives on the 4th floor.

### 2. What was the most fun part of being an RA?

Holding a BBQ event at the riverside!

### 3. Is there anything you have left undone as an RA?

I wanted to organize a mountain climbing event

### 4. Is there any heroic story in WISH?

I guess there's nothing for me... ☺

### 5. What is the most rewarding thing about RA?

Whenever dormitory students count on me, I feel glad about it.

### 6. What is your specialty dish?

Spice curry is my best cooking.

### 7. What kind of part-time job have you done so far?

I worked part-time at a restaurant and a flower shop.

### 8. When is your happiest moment while living?

I love to cook and watch my lovely plants grow day by day.

### 9. What do you like about moving into WISH?

I met a lot of mind-blowing people who can manage to enjoy college life other than studying perfectly. I couldn't meet such great friends if I stayed in my hometown, Ibaraki prefecture!

### 10. Finally, anything else you would like to say to WISH students?

I think it's all about enjoying this remarkable time! I wish you can enjoy continuing to work hard toward your goals, rather than just having fun.

### Comments from the editor:

Rion and Yoshito are RAs that I admire from the bottom of my heart, and I'm so glad that I could take on the interview this time. I'm also happy I was able to get involved even a little with them.

After all, when I think about both of them graduating soon, I really wanted to do more RA activities together and I will definitely miss them soon. Actually, it was really unexpected that we couldn't hold face-to-face events due to the covid-19, but it can't be helped anyways. The first time I met Yoshito was when I was in his group on a WISH guided tour, the day I moved into the dormitory. Besides, I joined the SI field trip in Shizuoka prefecture led by Yoshito and other RAs. After hearing various stories about RA from him and watching seriously working as RA, I decided to become an RA like him. From now on, I would do my best to become an RA that is loved by WISH students like the two of them.

Congratulations to Rion and Yoshito for graduation. Thank you so much for all your help so far and working together with me till now! If both of you have a chance, please come visit us at WISH again :)



The background is a dark gray with various origami birds in shades of pink, red, and teal, and small yellow stars scattered throughout.

# RA's Life consultation

Writer: Yukie, Satoshi, Miyumi

Translator: Moeka

Designer: Yukie

I consulted with RA seniors who will graduate from WISH in this semester. All the interesting answers will surely give you courage. You have no choice but to take a peek at those answers!

6F RINTARO



4F HIROKI



5F YUMA



7F LUIGI



9F NAO



9F SAORI



7F YOSHIHIRO



They are RAs who  
answered each  
question. Thanks!

Waravi



## "I WANT TO STAY AS A COLLEGE STUDENT FOREVER"

Nickname: Magical Dorami-chan

Question:

I'm almost junior year, but I feel like I'm being left behind from starting an internship and collecting information on job hunting. The most fun thing for me right now is going to college, working part-time, having romance, and hanging out with friends. My parents often nag me to become a civil servant or get qualified on something, but I don't want to listen to them anymore.

What's the point of job hunting? Is it favourable to intern for job hunting? Is a part-time job less favourable? Is job hunting fun? I want to know your motivation to live. I don't want to study anymore when I think about finding a job. "Then stop everything!" I just think in my mind, but I don't have the courage to do that. At the same time, I feel pressured from the pride of being a Waseda student.

HIROKI

Thank you for posting. I hope you find it helpful with my answer. In my opinion, it's just a personal freedom if you don't want to get a job. The desire to be praised by someone is not the main point. No matter what you do, the most important thing is to take responsibility for your choices. In short, no matter what happens as a result of job hunting or not doing it, do not blame others. I think it's very unpleasant to blame others or complain about the environment when the result is inconvenient for you. It is important not only to get a job, but to think seriously and make a decision about what is the best for you. The pros and cons of finding a job really depends on each person, sometimes it is on your luck. It's not like "do your best and leave the rest to fate," but I think that living a college life where you can talk to people with confidence is the best you can do.

Finally, about the question of motivation for living, in my case, it's all about having fun and fulfilling your life every day. I try to work hard every day because I want to make today a fun and fulfilling day.

RINTARO

Certainly, I became a Waseda student, and I had similar pressure on job hunting like you. I went through the route of "leaving a good school, getting a job at a good company, and burying bones there," which is a traditional Japanese idea, so job hunting is part of that process. I went through the same route too. As for me, job hunting was like a ritual to maintain an average status in the Japanese society. I didn't have any other commitments during my job hunting, so it didn't bother me to spend time just on job hunting. If I had other priorities, however, I would choose to do that. Anyways I think it's fine for me. In fact, what you are thinking of "I'm not interested, but I'm just looking for a job to get a job" will be noticed by the employer.

To be honest about internships or part-time jobs, I think it doesn't matter what you decide. (I don't think there is any significant difference in the first place). I try to choose a job where I can acquire skills and connect with the people I want to meet. I wanted to work part-time at Starbucks when I thought the barista was cool, and when I wanted to learn formal language and manners, I would work as a hotel employee. I was working as a consultant when I wanted to gain software skills and presentation skills. Even if you are not doing a so-called "long-term internship", based on my experience, I think it is important to appeal how you look like "a person who can play an active role in the business scene" in job hunting. (continued↓)

Lastly, regarding the motivation to live, I honestly have not been able to clearly identify this. One of the movies I watched recently is "October Sky." It is a story about a coal mine-born boy who is interested in rocket development but working in the mine while overcoming the opposition of parents and teachers. It's about challenging fate and becoming a NASA rocket scientist. After watching this movie, I was wondering if it would be possible to get rid of the socio-economic status in which I was born and gain ideology and financial freedom as a living motivation. It will be a difficult and hard story, so I will end here.

## "I CAN'T SLEEP"

**Nickname:** A paper gummy

**Question:** I can't sleep much lately. Even if I try to sleep at night, I tend to wake up. It has become a habit to go to bed around 4 o'clock. How can I solve this problem??

## YOSHIHIRO

I heard that "people get sleepy when their body temperature drops," so I make it a habit to warm up in the bath (sometimes with a massage) before going to bed. WISH has a public bath, and there are public baths (recommended: Kosugiyu and Showayu) in the vicinity, so why not give it a try? Don't forget to prevent infection!!

## NAO

If you can't sleep, you won't feel well and it's tiring. I'm worried that you might ruin your health!!! I think there are two causes of sleeplessness, physical and mental! If it's the former, you'll spend a tired day anyway, or put up with sleeping until the next night and create a new sleep cycle! If the latter, please LINE me, and let's think together!

## "MASK"

Nickname: Datemaki

Question: I feel that my facial expression has become darker, it's probably because I wear a mask every day and I have less chance to talk to people. Please tell me how to distract yourself even if you are suffering from corona.

SAORI

Face exercise

YUMA

Try the old routine again. Make a schedule and write it out in a notebook. Talk to a friend you care about. I haven't put these into practice, but I thought about it seriously.

LUIGI

I also feel that the connection with people is weakened due to the corona disaster. First, let's focus on connecting with really important people! Stay connected with your loved ones and I think these relationships will ease you. Also, let's find out that it is not a new encounter but a crazy thing that you can enjoy alone! Daruma play, karate, fresh flowers, running, etc. are endless, even if they are not strange! Finally, if you really have a problem, change your face in the mask.

Thank you very much.

The pretty cat who introduced RAs is Miyumi's (8F RA) pet cat, Waravi!! See you next time.

# Contributions

## Writers



Haruka



Koki

## Translators



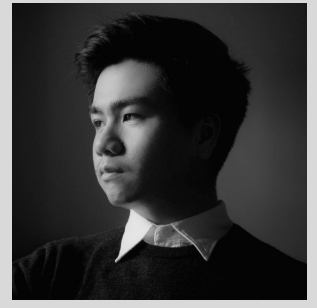
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