

## **What to do when the result of antigen test or other tests for COVID-19 is positive**

This notice is for those with relatively mild symptoms and low risk of severe illness.

### **1. Register as positive at Tokyo Positive Registration Center.**

You can apply online (Japanese only) or over the phone (with English support). After the application, a positive diagnosis is made by a doctor based on the details of the application and the applicant is then registered.

Registrants are entitled to the following services.

- Health observation through My HER-SYS
- Delivery of groceries and pulse oximeters
- Support for medical treatment at the Tokyo Metropolitan Government's accommodation and treatment facilities.

(1) Online application (Overview and URL):

[https://www.fukushihoken.metro.tokyo.lg.jp/iryo/kansen/corona\\_portal/shien/youseitouroku.html](https://www.fukushihoken.metro.tokyo.lg.jp/iryo/kansen/corona_portal/shien/youseitouroku.html)

※The registration form is in Japanese only.

※Registration requires basic personal information and a photograph of the test kit results, etc.

(2) Registration over the phone:

If you have difficulty filling out the registration form with Japanese or trouble with the web-based application procedures, please call at 0570-080-197.

### **2. Support by Tokyo Metropolitan Government**

“Home Treatment Support Center (“Uchisapo Tokyo (うちさぽ東京)”) is a consultation service that is available for those who are worried about their health condition or who have any problems during their home treatment.

URL:

[https://www.fukushihoken.metro.tokyo.lg.jp/iryo/kansen/corona\\_portal/shien/uchisapo\\_tokyo.html](https://www.fukushihoken.metro.tokyo.lg.jp/iryo/kansen/corona_portal/shien/uchisapo_tokyo.html)

(Click upper right for language change.)

You can consult about the followings;

- Worries about health conditions or other concerns during home treatment
- Inquiry about delivery of groceries and pulse oximeter lending

#### **Home Treatment Support Center “Uchisapo Tokyo (うちさぽ東京)”**

**Tel: 0120-670-440**

**24hours a day (including Saturdays, Sundays, and national holidays)**

### **3. Home Quarantine Period**

[https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/0000164708\\_00079.html](https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/0000164708_00079.html)

### **4. Certificate of Medical Treatment**

Medical treatment certificates will not be issued, except for very exceptional cases such as

hospitalization. Please use alternative documents such as medical statement if necessary.

*※This document was prepared by Health Support Center, Waseda University based on material provided by Tokyo Metropolitan Government.*