

Waseda CS-L at the University of Hawaii at Mānoa

Location:Honolulu, Hawaii, USA

Title:Academic English and College Studies program

Language Requirements:

For entry to the Hawaii English Language Program: TOEFL iBT 3.0 (new scale), 45 (old scale)

For entry to the Hoakipa credit program: TOEFL iBT 3.5 (new scale), 61 (old scale), TOEFL ITP 500, DET 90 or above

GPA Requirements:

HELP: 2.5

Hoakipa program: 2.5 out of 4.0; Completion of at least 24 credits for credit classes.

Estimated Tuition:

HELP 1 semester/2 semesters: \$5,500/\$10,600

Hoakipa 1 semester: \$10,000 (including fees, books, materials)

※Hoakipa program に 1 年参加する場合、TUITION は\$20,000+開発費となります。

*The Hoakipa fee for 2027-2028 have not been set yet. The above fee is for 2026/27
(Please expect a small rise for the 2027-28 fee in line with inflation rates).*

Estimated Room and Board per month: \$2,150

The University of Hawaii (UH) requires F-1 students to carry adequate health insurance. We require that both F-1 students and any F-2 dependents have health insurance for the entire period of their stay in the U.S. HELP offers a health plan that meets UH requirements and costs ~\$210/month.

Nationality: Students of any nationality may enroll in the HELP program; the Hoakipa program is not restricted by nationality but by institutional participation in the program.

Other Requirements: N/A

Dates 2027-2028 Academic Year

Fall semester 2027: August 23 – December 17, 2027. Break week October 16-24

Christmas/New Year's break: December 18, 2027-January 9, 2028

HELP Spring semester 2028: January 10-May 5, 2028. Break week March 4-11

UHM Spring semester 2028: January 10-May 12, 2028 (Spring Recess Mar 13-17; Final exam week May 8-12)

Summary:

The University of Hawaii at Mānoa Academic English Program is a flexible course of study designed to meet the needs of Waseda students seeking a truly unique study abroad experience. This program encompasses a semester of study in the University of Hawaii at Manoa – Hawaii English Language Program (HELP).

The HELP program has been the pathway into degree studies at UH Mānoa for over fifty years for students with TOEFL scores below 61/500. As part of the renowned Department of Second Language Studies, HELP provides Academic English training in vibrant curriculum for students at all levels of proficiency.

Students who achieve a qualifying English language test score (TOEFL iBT 3.5 (new scale), 61 (old scale), TOEFL ITP 500, DET 90 or above) before arrival or before October 1 will have the opportunity to pursue credit coursework through the Hoakipa Program in the Spring semester.

Such students will take the English Language Institute (ELI) placement test to determine if they have to take any ELI courses in addition to a selection of credit coursework other departments.

Students who meet the requirements for the Hoakipa Program at the time of application in Spring (GPA 2.5 or above, TOEFL iBT 3.5 (new scale), 61 (old scale), TOEFL ITP 500, DET 90 or above) will have the opportunity to participate in the Hoakipa Program from the beginning of Fall semester if they so desire.

Academic Study

During their semester(s) in the CS-L at UH Mānoa, students will study 20 hours per week at HELP in level-appropriate classes that focus on the language and cultural skills needed for success in an American college environment. They will also engage in service-learning projects that help them become autonomous self-directed learners. In addition to improving their academic English skills, they will grow in self-assessment, critical thinking, ethical reflection, cooperative teamwork, and participation in activities with the larger community both on and off campus.

Note: Depending on the students' level, there may be other Waseda students in their class.

Possible courses:

100-Level Courses (Beginner)

111LS Listening and Speaking
131R Reading Foundations
141W Writing Foundations
151G Basic Grammar

200 Level Courses (Low-Intermediate)

211LS Listening and Speaking
231R Reading Proficiency
241W Writing Development
251G Grammar Development
268I American Culture

300 Level Courses (Intermediate to High-intermediate)

311LS Listening and Speaking
331R Reading Connections
341W Writing Expansion
351G Grammar for Success
368I American Culture

400 Level Courses (High-Intermediate to Advanced)

411LS Listening & Notetaking
431R Academic Reading
441W Academic Writing
453G Grammar A-Z
468I Cultural Issues

(https://manoa.hawaii.edu/eslhelp/wordpress/?page_id=59)

HELP to Hoakipa Application Process

Before October 1, students seeking to study in the Hoakipa program for Spring 2028 should take an English proficiency test such as the TOEFL iBT or Duolingo English Test (DET). Students who do not reach a qualifying score before the deadline may continue to study academic English and college skills through the HELP program in the Spring semester 2028. Students who do reach the necessary English test score (ex. TOEFL iBT 3.5/DET 90), before October 1 will be eligible and can apply through the Mānoa

International Exchange (MIX) for the Hoakipa program to continue in credit coursework at UH Mānoa in Spring semester 2028. They will take the ELI placement test before the Spring semester to determine if they have to take any ELI coursework.

<https://www.hawaii.edu/eli/>

	Listening/ Speaking	Reading	Writing
Intermediate	ELI 70	ELI 72	ELI 73
Advanced	ELI 80	ELI 82	ELI 83 (grads) ELI 100 (undergrads)

In addition to any required ELI classes, students will have access to coursework in the following departments:

Arts & Humanities	Languages, Linguistics, & Literature
Academy for Creative Media/Digital	East Asian Languages and Literatures
Arts	English (Composition and/or
American Studies Art and Art History	Literature)
Communicology	Indo-Pacific Languages and Literatures
History	Languages and Lit of Europe/the
Music	Americas
Philosophy	Linguistics
Theatre and Dance Religion	Second Language Studies
Natural Sciences	Social Sciences
Biology	Anthropology
Botany	Communications
Chemistry	Economics
Mathematics	Ethnic Studies
Information and Computer Sciences	Geography
Microbiology	Political Science
Physics and Astronomy	Psychology Sociology Urban and
Library and Information Science	Regional Planning
Program	Women's Studies
Marine Option Program	Public Administration
And others--for a full list, see: manoa.hawaii.edu/academics/departments.html	

Housing and Meal Plan

Students will be placed with a homestay family for a complete cultural immersion experience. In academic FALL2027-SPRING2028, homestay will cost approximately \$425 per week. There is also a \$200 placement fee and \$135 roundtrip airport transfer fee. Group quotes are available in consultation with housing coordinator Study and Stay Hawaii.

Homestay families are carefully selected and matched to students' interests and preferences as much as possible. Homestay includes a private room with a shared bathroom and two meals—self serve breakfast and 1-plate dinner.

There is a chance that students will be placed in a homestay that is shared with non-Japanese students. If they are staying in a homestay, they can request to stay with a family that doesn't have other Japanese students, but it will depend on the host family availability at the time. There is no guarantee that Waseda students will have non-Japanese housemates in Homestay.

Please note: Dorm room availability is not option for 2027-2028. There will be only Homestay option for 2027-2028.

Opportunities for Learning Through Experience

HELP is the only intermediate level ESL program that offers the chance for students to do Internships for up to 40 hours in the local community. More information is on our website here: https://manoa.hawaii.edu/eslhelp/wordpress/?page_id=3744

There will be many opportunities for Waseda students to interact with the on- and off-campus community and enrich their learning. Starting in the fall, the Service-Learning projects provided by the HELP program will engage them with worthy organizations and projects that will serve as opportunities for self-reflection and growth. The International Student Association (ISA) at UH Mānoa is very active in providing support and activities for all students who come from abroad, and Waseda students will be guided to join events and activities put on by the ISA. Each Friday there is a cross-cultural exchange International Coffee Hour that students may join. Furthermore, the UH Manoa campus community has clubs catering to a wide variety of interests and pursuits both academic and extra-curricular, and students will be welcomed into such groups that match their individual interests. And of course, at a flagship university such as UH Mānoa, there are seasonal sporting events happening throughout the year that Waseda students will be able to join as participants and spectators to augment their experience in Hawaii. Finally, Hawaii has limitless opportunities for outdoor activities that take advantage of the natural beauty of our state, both on land and in/on the sea.

Facilitation Plan and student assistance

During their time in the HELP program, Waseda students will have regular access to staff advisors who will assist them in making the most of their study experience.

Credits (24-30 semester credit hours):

Students will be studying full time throughout their CS-L at UH Mānoa. Students complete 320 class hours each semester in the HELP program. HELP courses are non-credit but are graded in the normal A-F range with GPA calculated on a 4-point scale. Grade reports will be provided for coursework successfully completed and Waseda is encouraged to grant appropriate English language credits to the students' transcripts.

Web Page

HELP Program: <https://manoa.hawaii.edu/eslhelp/wordpress/>

Hoakipa Program: <https://manoa.hawaii.edu/mix/inbound/how-to-apply-undergraduate-students/>