

**Waseda University, Study Abroad 2026-2027
Annual**

Waseda CS-L at the University of Hawaii at Mānoa

Location: *Honolulu, Hawaii, USA*

Title: *Academic English and College Studies program*

Language Requirements:

For entry to the Hawaii English Language Program, 45 iBT TOEFL.

For entry to the Hoakipa credit program, 61/500 iBT/PBT TOEFL.

GPA Requirements:

HELP: 2.5

Hoakipa program: 2.5 out of 4.0; Completion of at least 24 credits for credit classes.

Estimated Tuition:

HELP 1 semester/2 semesters: \$6,400/\$12,400

The Hoakipa fee for 2026-2027 have not been set yet. The below fee is for 2025/26 (Please expect a small rise for the 2026-27 fee in line with inflation rates).

Hoakipa 1 semester: \$9,500 (including fees, books, materials)

Estimated Room and Board per month: \$1794

※Hoakipa program に 1 年参加する場合、TUITION は\$19,100+開発費となります。

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The University of Hawaii (UH) requires F-1 students to carry adequate health insurance.

We require that both F-1 students and any F-2 dependents have health insurance for the entire period of their stay in the U.S. HELP offers a health plan that meets UH requirements and costs ~\$205/month.

Nationality: Students of any nationality may enroll in the HELP program; the Hoakipa program is not restricted by nationality but by institutional participation in the program.

Other Requirements: *N/A*

Dates 2026-2027 Academic Year

Fall semester 2026: August 24-December 18, 2026. Break week October 18-25.

Christmas/New Year's break: December 20, 2026-January 10, 2027

Spring semester 2027: January 11-May 7, 2027. Break week March 7-14 2027.

Summary:

The University of Hawaii at Mānoa Academic English Program is a flexible course of study designed to meet the needs of Waseda students seeking a truly unique study abroad experience. This program encompasses a semester of study in the University of Hawaii English Language Program (HELP).

The HELP program has been the pathway into degree studies at UH Mānoa for over fifty years for students with TOEFL scores below 61/500. As part of the renowned Department of Second Language Studies, HELP provides Academic English training in vibrant curriculum for students at all levels of proficiency.

Students who achieve 500 on TOEFL before arrival or before October 1 will have the opportunity to pursue credit coursework through the Hoakipa Program in the Spring semester. Such students will take the English Language Institute (ELI) placement test to determine if they have to take any ELI courses in addition to a selection of credit coursework other departments.

Students who meet the requirements for the Hoakipa Program at the time of application in Spring (GPA 2.5 or above, TOEFL 500 or above) will have the opportunity to participate in the Hoakipa Program from the beginning of Fall semester if they so desire.

Academic Study

During their semester(s) in the CS-L at UH Mānoa, students will study 20 hours per week at HELP in level-appropriate classes that focus on the language and cultural skills needed for success in an American college environment. They will also engage in service-learning projects that help them become autonomous self-directed learners. In addition to improving their academic English skills, they will grow in self-assessment, critical thinking, ethical reflection, cooperative teamwork, and participation in activities with the larger community both on and off campus.

Note: Depending on the students' level, there may be other Waseda students in their class.

Possible courses:**100 Level Courses**

111LS Listening and Speaking

131R Reading Foundations

141W Writing Foundations

151G Basic Grammar

200 Level Courses

211LS Listening and Speaking

213LS Social Issues

231R Reading Proficiency

231T Intro to TOEFL Reading

241W Writing Development

261T Intro to TOEFL Listening

300 Level Courses

311LS Listening and Speaking

331R Reading Connections

341W Writing Expansion

351T TOEFL Grammar

361M/L Film or Literature Studies

364T Intensive TOEFL Practice

400 Level Courses

431R Academic Reading

441W Academic Writing

451G Grammar through Fiction

453G Grammar A-Z

(https://manoa.hawaii.edu/eslhelp/wordpress/?page_id=59)

In mid-September, students seeking to study in the Hoakipa program for Spring 2027 will take the TOEFL ITP test offered by HELP. Students who do not reach 500 on the TOEFL at that time may continue to study academic English and college skills through the HELP program in the Spring semester 2027. Students who do reach the necessary TOEFL score of 500/61, on or before the beginning of October will be eligible and can apply through the Mānoa International Exchange (MIX) for the Hoakipa program to continue in credit coursework at UH Mānoa in Spring semester 2027. They will take the ELI placement test before the Spring semester to determine if they have to take any ELI coursework.

www.hawaii.edu/eli/)

	Listening/ Speaking	Reading	Writing
Intermediate	ELI 70	ELI 72	ELI 73
Advanced	ELI 80	ELI 82	ELI 83 (grads) ELI 100 (undergrads)

In addition to any required ELI classes, students will have access to coursework in the following departments:

Arts & Humanities

Academy for Creative Media/Digital Arts
American Studies Art and Art History
Communicology History
Music Philosophy
Theatre and Dance Religion

Natural Sciences

Biology Botany
Chemistry Mathematics
Information and Computer Sciences
Microbiology Physics and Astronomy
Library and Information Science Program
Marine Option Program

Languages, Linguistics, & Literature

East Asian Languages and Literatures
English (Composition and/or Literature)
Indo-Pacific Languages and Literatures
Languages and Lit of Europe/the Americas
Linguistics
Second Language Studies

Social Sciences

Anthropology Communications
Economics Ethnic Studies
Geography Political Science
Psychology Sociology
Urban and Regional Planning
Women's Studies Public Administration

And others--for a full list, see:

manoa.hawaii.edu/academics/departments.html

Housing and Meal Plan

Students will be placed with a homestay family for a complete cultural immersion experience. In academic FALL2026-SPRING2027, homestay will cost \$400 per week. There is also a \$200 placement fee and \$135 roundtrip airport transfer fee. Homestay families are carefully selected and matched to students' interests and preferences as much as possible. Homestay includes a private room with a shared bathroom and two meals—Self serve breakfast and 1-plate dinner.

There is a chance that students will be placed in a homestay that is shared with non-Japanese students. If they are staying in a homestay, they can request to stay with a family that doesn't have other Japanese, but it will depend on the host family availability at the time. *There is no guarantee that Waseda students will have non-Japanese housemates in Homestay.*

Please note: Dorm room availability is not option for 2026-2027. There will be only Homestay option for 2026-2027.

Opportunities for Learning Through Experience

HELP is the only intermediate level ESL program that offers the chance for students to do Internships for up to 40 hours in the local community. More information is on our website here: https://manoa.hawaii.edu/eslhelp/wordpress/?page_id=3744

There will be many opportunities for Waseda students to interact with the on- and off-campus community and enrich their learning. Starting in the fall, the Service-Learning projects provided by the HELP program will engage them with worthy organizations and projects that will serve as opportunities for self-reflection and growth. The International Student Association (ISA) at UH Mānoa is very active in providing support and activities for all students who come from abroad, and Waseda students will be guided to join events and activities put on by the ISA. Each Friday there is a cross-cultural exchange International Coffee Hour that students may join. Furthermore, the UH Manoa campus community has clubs catering to a wide variety of interests and pursuits both academic and extra-curricular, and students will be welcomed into such groups that match their individual interests. And of course, at a flagship university such as UH Mānoa, there are seasonal sporting events happening throughout the year that Waseda students will be able to join as participants and spectators to augment their experience in Hawaii. Finally, Hawaii has limitless opportunities for outdoor activities that take advantage of the natural beauty of our state, both on land and in/on the sea.

Facilitation Plan and student assistance

During their time in the HELP program, Waseda students will have regular access to staff advisors who will assist them in making the most of their study experience.

Credits (24-30 semester credit hours):

Students will be studying full time throughout their CS-L at UH Mānoa. Students complete 320 class hours each semester in the HELP program. HELP courses are non-credit but are graded in the normal A-F range with GPA calculated on a 4-point scale. Grade reports will be provided for coursework successfully completed and Waseda is encouraged to grant appropriate English language credits to the students' transcripts.

Web Page

HELP Program: manoa.hawaii.edu/eslhelp

Hoakipa Program: [How to Apply: Undergraduates – Mānoa International Exchange \(hawaii.edu\)](http://manoa.hawaii.edu/undergraduates-international-exchange)