Waseda University, Study Abroad 2026-26



# Portland Center Program at Portland State University

- Wide variety of elective classes
- Portland is an attractive, safe American city

Location: Portland, Oregon, USA

*Title:* Portland Center (Spring cohort)

### **Application Requirements**

*TOEFL/IELTS:* iBT 36, ITP 460, or IELTS 5.5 minimum at time of program start; expected to achieve an iBT 61/ITP 500 minimum by the second term.

GPA: GPA of 2.00 or higher

*Nationality:* This program is open to any nationalities whose first language is NOT English.

#### Dates:

Arrival in Portland
Orientation
Spring Term (includes final week)
Break
Summer Term (includes final exam days)
Summer Vacation
Fall Term (includes finals week)
Spring Term (Optional)

# **Program Summary**

The Portland Center program requires students to take 4 credits of Academic English class per term. This Academic English course is open only to Portland Center Program students. This is advantageous to our students because they have an English class tailored to their specific needs.

Students with qualifying TOEFL scores may also take regular PSU electives. There is no program restriction on what electives they take; however, PSU departments may put restrictions (major, class standing, and matriculation) on the elective courses.

Students are also invited to take "Community-Based Learning" classes at Portland State University. These classes help our students learn more about Americans and American society.

## Courseload based on TOEFL level

# TOEFL iBT 36-70 (ITP 460-523)

- Portland Center course<sup>\*1</sup> (4-6 credits)
- Portland Center course (4 credits, offered in the spring and summer terms)
- PSU course\*<sup>2</sup> #1 (4 credits)
- PSU course #2 (2-4 credits depending on term) Optional

Total credits: 12-16 per term (12 credits are required to maintain your immigration status)

# TOEFL iBT 71 and above (ITP 527 and above)

- Portland Center course (4 credits)
- PSU course #1 (4 credits)
- PSU course #2 (4 credits)
- PSU course #3 (4 credits) Optional

Total credits: 12-16 per term (12 credits are required to maintain your immigration status)

# Your First Term:

For the first term, we will preregister you for the following courses below to better support your academic success. Students are allowed to take up to 16 credits each term, but we strongly recommend to start with 12-14 credits for the first term.

- Portland Center Academic English (Required): 4-6 credits
- Portland Center Supplemental Academic English (Required only for the students with a 523/70 or lower TOEFL or 5.5 or lower on IELTSscore): 4 credits
- PSU class assigned by the program (Usually from International Studies, University Studies, or Business departments. This is a PSU regular course that you take with other domestic students): 4 credits

\*<sup>1</sup>Portland Center Course:

- is a course we offer to our in-bound study abroad students and is open to other non-program PSU undergraduates.
- has no prerequisites.

- is centered around the culture and geography of Portland and how it is the same and different from other places in the United States.

- offers students to practice research writing presentations and other academic skills.
- is not a straight ESL class but an applied skills class to assist students with their regular PSU courses

- awards ESL/English Language credits

\*<sup>2</sup> PSU Courses are regular elective courses offered throughout the university:

# Students with a TOEFL score 36-70 on iBT (ITP 460-523)

Waseda students with an iBT 36-iBT 70 are allowed to take up to two PSU elective courses (up to 8 credits). This arrangement is only offered to the program students. However, we recommend students with a lower TOEFL score choose one PSU course, especially for the first term, and to see our ESL instructor to get authorized for additional PSU elective courses. We strongly encourage students with a lower TOEFL score to take a PSU elective course listed on the following page because they are better suited to students needing more ESL support. Those courses are still PSU regular courses that PSU domestic students register for. If students with a lower TOEFL score wish to take a class not on this list, we will consider their request but we cannot guarantee their placement.

# Students with a TOEFL score 71<sup>+</sup> on iBT (ITP 527<sup>+</sup>)

Students met with a PSU minimum may take up to 12 PSU credits (usually three 4-credit courses) offered at the university. Please note that some upper-division courses (300-400 level) may have prerequisites and students may need to get the instructor's approval to get overridden (usually students need to show their transcript to show those prerequisite courses are completed at Waseda University).

## Sample PSU Courses

Courses available to Portland Center students with TOEFL iBT score over 36 (students with TOEFL iBT score over 71 are eligible to take any course offered at the university\*)

#### Anthropology

ANTH 103 Introduction to Social/Cultural Anthropology

#### Art

ART 100 Introduction to Communication Design for Non- Art Majors ART 261 Digital Photography FILM 331U Understanding Movies

#### Business

BA 101 Introduction to Business & World Affairs BA 205 Business Communication BA 211 Financial Accounting BA 331 FIN Understanding Personal Finance

### Communications

COMM 100 Introduction to Communication COMM 215 Introduction to Intercultural Communication COMM 218 Introduction to Interpersonal Communication COMM 220 Public Speaking

## Computer Science

CS 161 Introduction to Program and Problem Solving

**Engineering** ME 120 Introduction to Engineering EAS 211 Statics EAS 212 System Controls EC 201 Principles of Microeconomics

ECE 101 Exploring Electrical Engineering **Economics** 

ECON 332 Economics of Environmental Issues

English ENG 100 Introduction to Literature WR 115 Introduction to College Writing

**Environmental Sciences** 

ESM 100 Portland's Environmental Policy ESM 222 Environmental Science & Policy ESM 230 Environmental Chemistry UNST 224 Environmental Sustainability

Geography GEOG 230 Environment & Society: Global Perspectives

**Interdisciplinary Studies** UNST 254 Popular Culture

#### **International Studies**

INTL 201 Introduction to International & Global Studies INTL 321U Globalization & Identity in Comparative Studies

INTL 323U Tradition & Innovation in Comparative Cultures

# Linguistics

LING 232 Language & Society LING 390 Introduction to Linguistics

Math MTH 251 Calculus I MTH 256 Applied Differential Equations

Native American Studies NAS 201 Native American Studies

**Urban and Public Affairs** PA 311 Introduction to Civic Engagement PHE 444U Global Health

Philosophy PHL 201 Introduction to Philosophy PHL 210 Philosophy of Religion

**Political Science** PS 101 US Government

**Psychology** PSY 200 Psychology as a Natural Science PSY 204 Psychology as a Social Science

Sociology SOC 200 Introduction to Sociology SOC 320 Globalization SOC 342 Social Psychology: Self, Attitudes, and Social Influence

**Theater** TA 101 Theatre Appreciation TA 102 Introduction to Acting TA 241 Improvisational Acting

Urban Studies USP 325U Community and the Built Environment UNST 421 Bicycle Barriers: Alternative Transportation Issues in Portland UNST 421 Civic Leadership for Social Change USP 300U Introduction to Urban Studies

Gender Studies WS 101 Introduction to Women's Studies

\* Standard departmental and university course

## Housing and Meal Plan:

Dormitory room (single or double, based on availability) ranging between \$2,050-\$4,885 per term. The application fee is \$50 (non-refundable) and you also need to make a \$140 deposit (refundable) at the time of application. Students have kitchens to do their own cooking or they can eat at local restaurants or on campus. Meal plans are also available. Most furnished rooms on campus are double-occupancy and we try our best to pair you with a non-PC roommate (but not guaranteed).

\* Program students may be paired with other international students in the same/suite room.

\*Waseda students may also be paired with other Japanese students in the same room and/or unit.

Opportunities for Learning through Experience:

Portland State University is famous for its "Community Based Learning" courses. These courses are open to Portland Center students and are an opportunity for them to work on a project with Americans that benefits a local community non-profit. The Portland Center staff helps students find volunteer placements in Portland. Our students have volunteered as Japanese language assistants at local schools, helpers at the local animal shelter, and as playgroup leaders for children at the state refugee center.

Portland State has many student organizations/clubs that our students may join (please see <u>http://www.pdx.edu/recreation/rec-clubs</u> and <u>Organizations - Portland State Connect</u> for current lists.

Social activities and events are offered each term. Examples are NBA games, bowling games, and cultural events/festivals.

Facilitation Plan:

The Portland Center Office serves students Monday-Friday from 9am-5pm. All staff serves students in one capacity or another (e.g., advising, assisting with registration, resolving housing problems, etc.). There is a very high level of academic and personal support for Portland Center students.

*Estimated Tuition:* \$7,600 per term, \$22,800 for one academic year (3 quarters/about 9 months)

#### **Estimated Living Expenses:**

Description	<b>Amount/Time Period</b>	Time Period	Cost
Housing and Meals	\$5,475 per quarter	3 quarters	\$16,425
Transportation	\$246 per quarter	3 quarters	\$738
Miscellaneous/Personal	\$450 per quarter	3 quarters	\$1,350
Books	\$266 per quarter	3 quarters	\$798
Total Estimated Living Expenses for 3 quarters			\$19,311

Contact

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