学生健康増進互助会(学生早健会)とは?

What is the Waseda University Student Health Promotion Mutual Aid Association?

学生早健会(1964年設立)は、会員(学生)から納入された会費によって、会員の健康の維持・ 増進を図るための活動や、医療費給付・健康診断補助費給付などの事業を行う早稲田大学独 自の互助会組織です。歯科検診・100円朝食などの健康イベントなど会員(学生)がより良い健 康的な生活を送れるようなイベントを企画しています。



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学生早健会の会員とは

Members of our Association

学生早健会の会員は以下のとおりです。

(3) 各大学院の研究生

け会員でけありません

(3) Graduate research students

students are not eligible

Sciences

 $\sum_{i=1}^{i}$

(1) 各学部の正規生(ダブルディグリーを含む)

(2) 各大学院の正規生 (ダブルディグリーを含む)

ただし、人間科学部通信教育課程学生を除く。

※科目等履修生、交流学生、日本語教育センター所属学生、国際教養学 部1年プログラム (SP3)の学生および外国人特別研修生、委託履修生

(1) Regular undergraduate students (including double-degree students),

except for e-learning courses (e-school) in the School of Human

%Non-degree/research students, exchange students, CJL students, SILS 1-year program students (SP3), special research students and sponsored research

(2) Regular graduate students (including double-degree students)

Waseda University Student Health Promotion Mutual Aid Association was founded in1964 and is Waseda University's first mutual-aid association that organizes to help students maintain and improve their health. We hold annual health events, such as free dental checkups and the 100 yen breakfast campaign.

健康診断補助費について

Health Checkup Coverage

一部の契約医院(裏面参照)で受診する健康診断につい ては1年間(4月1日から翌年3月31日)に1度に限り健康診 断補助費を3,000円給付します。契約医院にて学生証を 提示のうえ受診(要電話予約)し、申請書を発行してもら い受診月の翌月から3カ月以内(例えば1月に受診した場 合は4月10日が締切)に事務所に提出してください。

If you take a health checkup at one of the contracted medical institutions (which are listed in the reverse side), you can receive coverage once a year (from 1st April to 31st March next year) of 3,000 yen. Please show your Student ID card when you visit these clinics (Please make a reservation before your visit), and request to fill in the specific application forms by the clinic. Please submit it to our office by the 10th day of the third month after a health checkup was provided. (E.g. If the health checkup is received in January, applications must be submitted by the 10th of April.)



Contact

学生健康增進互助会事務所

学生会館(戸山キャンパス・30号館)1階学生生活課事務所②番カウンター E-Mail gakusei-kenko@list.waseda.jp Tel 03-3203-4349 住所〒162-8644 東京都新宿区戸山1-24-1 早稲田大学学生生活課学生早健会事務所 開室時間月~金 10:00~16:00

Student Health Promotion Mutual Aid Association Office

No.⁽²⁾ Desk, 1F Student Center (Toyama Campus, Building#30) in the Student Affairs Section E-Mail gakusei-kenko@list.waseda.jp Tel 03-3203-4349 Address Student Health Promotion Mutual Aid Association Office, WASEDA University 1-24-1 Toyama, Shinjyuku-ku, Tokyo 162-8644 Office Hours Mon.-Fri. 10:00-16:00

早稲田大学 学生健康増進互助会

WASEDA University Student Health Promotion Mutual Aid Association

医療費給付制度とは

What is the Medical Fee Reimbursement System?

早稲田大学学生健康増進互助会会員(正規生の学生)の皆さんが対象です。

日本国内の医療機関で支払った医療費の自己負担分(保険診療の3割負担分)の一部を請求に基づき年度給付限度額 60,000円の範囲内で給付する制度です。1医療機関につき自己負担額から月額1,000円を差し引いた金額が本人名義口座 に振り込まれます。なお、医療費の給付を受けるには必ずMy WASEDAで「本人名義口座」の登録が必要です。(「学費引落 口座」ではありません。)

Members of the Waseda University Student Health Promotion Mutual Aid Association (regular students) are eligible.

This is a system under which a portion of the co-payment (30% of the insured medical treatment) of medical expenses paid at medical institutions in Japan is paid based on the application from students, within the annual benefit limit of 60,000 yen. The monthly amount of 1,000 yen deducted from the co-payment amount per medical institution will be transferred to the personal bank account. (Student do not need to pay 1,000Yen, it will be deducted from the amount received.) <u>All</u> students must register their bank account information as a "Personal Account" through My Waseda. (Not "Debit Account Information for Tuition Fees")

種別/Type	所在地/Location	申請方法/How to apply?
契約医療機関 Contracted Medical Institutions	大学のキャンパス周辺 (詳細は裏面) Near the campus (See reverse side)	大学周辺にはいくつかの契約医療機関があります。(大学周辺以外にもいくつ かあります。詳細はWebサイトでご確認ください)。受付時に学生証を提示する ことで自動的に医療費給付を受けられます。 There are selected contracted medical institutions near the campus. (There are also some contracted hospitals and clinics away from campus. Please refer to our Web site.) If you visit these contracted medical institutions, and show your student ID card, no application is needed. (You will receive payment automatically.)
契約外医療機関 Non-contracted Medical Institutions	日本全国 ※大学と契約していない医療機関で でも日本国内にある医療機関で の診療、調剤については保険適 用分であれば対象となります。 ※海外の医療機関での受診分は 医療費給付等の対象外です。 Non-contracted Medical Institutions in Japan are also acceptable. ※Medical costs incurred at any institutions outside of Japan are not covered by the health care benefits provided by the Waseda University Student Health Promotion Mutual Aid Association.	 締切日(受診月の翌月から3ヵ月目の10日、例えば1月に受診した場合は4月10日 が締切)までに領収書および申請書(事務所にて配布)を事務所^(*)まで提出 する必要があります。 (*)[戸山]学生早健会事務所 [西早稲田]理工学統合事務所 [TWIns]先端生命医科学センター事務所 [所沢]所沢総合事務センター [東伏見]東伏見事務所 [北九州]情報生産システム研究科事務所 *郵送にて申請することも可能です If you visit non-contracted medical institutions, you need to submit receipts and an application form (available at our office) to our office^(*) by the 10th day of the third month after medical treatment was provided. (E.g. If treatment is received in January, applications must be submitted by the 10th of April.) (*) [Toyama] Waseda University Student Health Promotion Mutual Aid Association Office [Nishi-Waseda] Center for Science and Engineering [TWIns] Office of Center for Advanced Biomedical Sciences [Tokorozawa] Administrative Office, Tokorozawa Campus [Higashi-Fushimi] Office of Higashi-Fushimi [Kitakyushu] IPS Office *We also accept submission by postal mailing.

本制度の詳細・申請方法に関しては、Webサイト および右記のQRコードからご確認ください。 For further details, please visit our website below and the QR code on the right side:



English

日本語

日本語 https://www.waseda.jp/inst/student/support/studenthealth English https://www.waseda.jp/inst/student/en/support/studenthealth

契約医療機関(病院・医院・薬局)MAP

早稲田・戸山・西早稲田キャンパス周辺

Map of Contracted Hospitals/Clinics and Pharmacies Areas around Waseda, Toyama and Nishi-waseda Campuses

堂生証

契約医療機関(病院・医院・薬局)を 受診の際は必ず受付で学生証を 提示してください。

When visiting a contracted hospital, clinic and pharmacy, please show your Student ID card at the hospital reception.



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日本語

English

宿

新宿コズミックセンター前

Shinjuku Cosmic Center mae

There are also some contracted medical institutions away from campus. Please refer to our website and the QR code on the left side.

契約医療機関(病院・医院・薬局)

医

Contracted Hospitals/Clinics and Pharmacies



