



パブリック・アイビー校でリスニング・スピーキング力アップ！ ワシントン大学

英語研修

22日間

研修期間

2024年

2月4日(日)～2月25日(日)

研修旅行代金 **687,200円**

※国内空港施設使用料および現地空港諸税、燃油サーチャージ・航空保険料、国際観光旅客税は含まれません。
※最少催行人数に達しない場合も研修が実施できる場合がありますが、研修旅行代金が増額となります。その場合、改めて代金を示し参加の意向を確認します。

おすすめ
ポイント

- ★アメリカの名門パブリック・アイビー校を体感！
- ★リスニング、スピーキングを中心とした授業でコミュニケーション能力アップ
- ★午後のフィールドトリップでシアトルの街を満喫



都市

アメリカ北西部最大の都市であるシアトルは、周りを山や湖などの自然に囲まれた住みやすい街の一つです。美術館、水族館、博物館、動物園などもあり、また世界のトップ企業である、ボーイング、マイクロソフト、アマゾン、スターバックスコーヒーなどの発祥の地でもあります。

留学先

ワシントン大学は1861年に設立された「パブリック・アイビー」と呼ばれるアメリカの名門公立大学のひとつ。シアトルの中心部に位置し、5万人近い学生が通う大規模校で、早稲田大学とは長期留学プログラムも実施している関係の深い学校です。英語プログラムは大学附属の語学研修機関International & English Language Programs (IELP)にて行われます。

プログラム

- 参加者の主な出身国・地域：日本、韓国、台湾 ●平均的な参加者数：40～70名
- 1クラスあたりの人数：12～18名

英語のコミュニケーション能力を向上させる3週間の短期英語プログラムSTEPに参加します。午前中に1日3時間のカリキュラムが設定されており、アメリカ映画を題材とした授業や、現地の住民へのインタビュー等、リスニングやスピーキングの強化をめざした内容となっています。1クラスは平均14名程度で構成され、到着後に行われるクラス分けテストにより、初級レベルから上級レベルまで自分の語学力にあったクラスで学ぶことができます。午後に行われるフィールドトリップでは、授業で学んだ英語表現を活用するとともに、アメリカ文化を体感することもできます。研修期間中はホストファミリー宅に滞在し、アメリカの一般的な家庭生活に触れることもできるプログラムです。

【注意事項】

※ワクチン接種についての注意事項については別途案内をご確認ください(P.10参照)。

募集要項

- 最少催行人数：10名 ●最大募集人数：25名
- 対象語学レベル：英語力初級～上級
- 宿泊先：ホームステイ（相部屋利用予定）
※原則、早大生と同室
- 食事：1日3食（ただし、外食時は各自負担）
- 同行員：添乗員・教職員は同行しません
- 利用予定航空会社：デルタ航空
- 査証：日本国籍の場合、ESTA取得（旅行代理店による代理申請にて手続きをいたします）。外国籍の場合は各自にて確認し取得していただきます。
- 旅券必要残存有効期間：日本国籍の場合、日本帰国時（2024年2月25日以降）まで有効なものが必要
- 履修単位数：1単位

日程表		
日	都市	予定
1	羽田 もしくは成田 シアトル	16:00～17:00 羽田もしくは成田発、シアトルへ ——— 日付変更線通過 ——— 9:00～10:00 シアトル到着 到着後、送迎車にて研修先または宿泊先へ移動 ホームステイ泊
2 ↓ 20	シアトル	プログラム参加 スケジュール 09:00～12:20 クラス 12:20～13:15 ランチタイム 13:15～16:00 課外活動(週2回) ※スケジュールは一般的な例で日により異なります。 過去のスケジュールの場合もあります。 ※2～20日目は研修旅行取扱会社「無手配日」です。 ホームステイ泊
21	シアトル	送迎車にて空港へ移動、チェックイン 11:00～12:00 シアトル発、羽田もしくは成田へ ——— 日付変更線通過 ——— 機中泊
22	羽田 もしくは成田	15:00～16:00 羽田もしくは成田到着 到着後、解散

※上記のフライトスケジュールはデルタ航空利用の例です。

※現地でのスケジュールは留学先機関、天候等の諸事情により一部変更となる場合があります。

研修旅行代金に含まれるもの

研修費用・宿泊費／プログラム期間中の食事(1日3食)／課外活動費(参加任意のものを除く)／日程表に記載したエコノミークラス利用海外往復航空券／現地空港と研修先または宿泊先間の往復送迎費／ESTA申請料・代行手数料／早大プログラム開発運営費／企画料金(P.29記載の取消料規定はこの企画料金を基準とします。)
※企画料金は73,720円と定め、研修旅行代金に充当します。

研修旅行代金に含まれないもの

上記の他は含まれません。その一部を例示します。

超過手荷物手数料／海外旅行保険／日本国内の交通費・食費・宿泊費／通学費／課外活動費(参加任意のもの)／ホームステイ先でのインターネット使用料／その他個人的生活諸費用／国内空港施設使用料(2,950円)、外国諸税(10,190円)、燃油サーチャージ・航空保険料(50,000円)、国際観光旅客税(1,000円)
※国内空港施設使用料、外国諸税、燃油サーチャージ・航空保険料、国際観光旅客税は2023年8月23日現在のもので予告なく変更となる場合があります。
これらの費用は最終確定金額として研修旅行代金とあわせてお支払いいただきます。

	Date	Day	Morning Activity	Afternoon Activity
Week One	2/5	Mon	9:00-12:00 Orientation [Location TBA]	12:00-2:30 Welcome Lunch (provided), Campus Walk, Bus/Train Pass Purchase
	2/6	Tues	9:00-12:20 English Language Class [Location TBA]	1:15 - 4:00 Pike Place Market [Meet at UW Tower Plaza]
	2/7	Wed	9:00-12:20 English Language Class [Location TBA]	
	2/8	Thurs	9:00-12:20 English Language Class [Location TBA]	1:15 - 4:00 International District [Meet at UW Tower Plaza]
	2/9	Fri	9:00-12:20 English Language Class	
	2/10	Sat		
	2/11	Sun		
Week Two	2/12	Mon	9:00-12:20 English Language Class [Location TBA]	
	2/13	Tues	9:00-12:20 English Language Class [Location TBA]	12:45 - 5:30 Bainbridge Island [Meet at UW Tower Plaza]
	2/14	Wed	9:00-12:20 English Language Class [Location TBA]	
	2/15	Thurs	9:00-12:20 English Language Class [Location TBA]	1:15-4:00 Fremont Exploration [Meet at UW Tower Plaza]
	2/16	Fri	9:00-12:20 English Language Class [Location TBA]	
	2/17	Sat		
	2/18	Sun		
Week Three	2/19	Mon	University Holiday - No class	
	2/20	Tues	9:00-12:20 English Language Class [Location TBA]	1:30- 3:30 HUB Games [Meet at HUB Husky statue]
	2/21	Wed	9:00-12:20 English Language Class [Location TBA]	
	2/22	Thurs	9:00-12:20 English Language Class [Location TBA]	1:15 - 4:00 Seattle Aquarium [Meet at UW Tower Plaza]
	2/23	Fri	9:00-12:20 English Language Class [Location TBA]	1:30 - 3:30 Closing Ceremony & Reception (Refreshments will be provided)

※ 上記のスケジュールはサンプルです。実際と内容等が異なる場合がありますので、あらかじめご了承ください。

※ 現地のスケジュール・内容は現地受入側または天候等の都合により一部変更となる場合があります



20126 BALLINGER WAY NE, #84
SHORELINE, WA 98155 USA
TEL (206) 527-8654
EMAIL: info@abodehomestay.com
www.abodehomestay.com

HOMESTAY APPLICATION

(COMPLETE THE APPLICATION IN ENGLISH. PLEASE TYPE OR PRINT IN PEN.)

1. NAME: (Mr. Ms.) _____
(FAMILY NAME) (FIRST NAME) (MIDDLE NAME)

2. YOUR CONTACT INFORMATION:

(STREET ADDRESS OR PO BOX)

(CITY, STATE, POSTAL CODE) (COUNTRY)

PHONE NUMBER: _____ EMAIL ADDRESS: _____

3. DATE OF BIRTH:(MONTH/DAY/YEAR) _____

4. EMERGENCY CONTACT NAME & PHONE NUMBER: _____

5. WHAT IS YOUR ENGLISH CONVERSATIONAL ABILITY? ☐ LOW ☐ INTERMEDIATE ☐ ADVANCED

6. WHAT ARE YOUR HOBBIES AND SPECIAL INTERESTS? _____

7. YOUR PERSONALITY (Please check all which describes you):

- | | | | | | |
|--------------------------------------|--------------------------------------|--------------------------------------|--------------------------------------|-----------------------------------|------------------------------------|
| <input type="checkbox"/> QUIET | <input type="checkbox"/> CAUTIOUS | <input type="checkbox"/> MESSY | <input type="checkbox"/> FRUGAL | <input type="checkbox"/> OUTGOING | <input type="checkbox"/> TALKATIVE |
| <input type="checkbox"/> TIDY | <input type="checkbox"/> NOISY | <input type="checkbox"/> CHEERFUL | <input type="checkbox"/> NERVOUS | <input type="checkbox"/> PRIVATE | <input type="checkbox"/> CALM |
| <input type="checkbox"/> ENERGETIC | <input type="checkbox"/> PICKY EATER | <input type="checkbox"/> SERIOUS | <input type="checkbox"/> ATHLETIC | <input type="checkbox"/> SHY | <input type="checkbox"/> ORGANIZED |
| <input type="checkbox"/> OPEN-MINDED | <input type="checkbox"/> RELIGIOUS | <input type="checkbox"/> INDEPENDENT | <input type="checkbox"/> OTHER _____ | | |

8. YOUR HOMESTAY PREFERENCES (We will take your preferences into consideration but it will not be a guarantee that your preferences will be accommodated):

- | | | | |
|---|------------------------------|--|-----------------------------|
| WOULD YOU BE COMFORTABLE WITH A FAMILY WITH SMALL CHILDREN (under 6 yrs)? | <input type="checkbox"/> YES | <input type="checkbox"/> NO PREFERENCE | <input type="checkbox"/> NO |
| WOULD YOU BE COMFORTABLE WITH A FAMILY WITH OLDER CHILDREN (6 to 14 yrs)? | <input type="checkbox"/> YES | <input type="checkbox"/> NO PREFERENCE | <input type="checkbox"/> NO |
| WOULD YOU BE COMFORTABLE WITH A FAMILY WHICH HAS DOGS? | <input type="checkbox"/> YES | <input type="checkbox"/> NO PREFERENCE | <input type="checkbox"/> NO |
| WOULD YOU BE COMFORTABLE WITH A FAMILY WHICH HAS CATS? | <input type="checkbox"/> YES | <input type="checkbox"/> NO PREFERENCE | <input type="checkbox"/> NO |
| WOULD YOU BE COMFORTABLE WITH A FAMILY THAT SMOKES? | <input type="checkbox"/> YES | <input type="checkbox"/> NO PREFERENCE | <input type="checkbox"/> NO |
| *DO YOU SMOKE? | <input type="checkbox"/> YES | <input type="checkbox"/> NO | |

***SMOKERS PLEASE NOTE:** MANY HOSTS DO NOT ACCEPT STUDENTS WHO SMOKE. OF THE HOSTS WHO PERMIT SMOKING, NEARLY ALL OF THEM REQUIRE SMOKING OUTDOORS. PLEASE BE AWARE THAT IN MOST HOMESTAYS YOU WILL NOT BE PERMITTED TO SMOKE INSIDE THE HOUSE.

9. PLEASE LIST ANY HEALTH PROBLEMS, ALLEGIES OR FOODS THAT YOU CANNOT EAT: _____

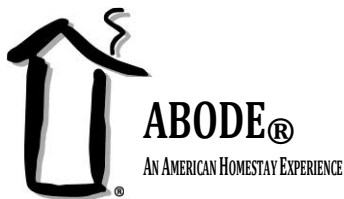
10. ON THE BACK OF THIS PAGE, **PLEASE TELL YOUR HOST FAMILY WHAT YOU WOULD LIKE THEM TO KNOW ABOUT YOU:**

My Signature below confirms that I am willing to participate in the homestay program to the best of my ability and follow the guidelines as explained to me by my host and by the organizers. The information above is accurate and complete.

SIGNATURE OF APPLICANT

/_____
DATE

/_____
SIGNATURE OF PARENTS OR GUARDIAN
IF THE STUDENT IS UNDER 18 YEARS OF AGE



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STUDENT AGREEMENT FOR SHORT-STAY PROGRAM

ABODE® makes every effort to be fair and equitable to both hosts and students. Students and hosts are required to read and agree to certain homestay guidelines. Please consider the agreement below carefully to ensure you are willing and able to fully participate in our homestay program.

1. **Changing host families:** We welcome the opportunity to assist students and hosts make the homestay experience a rewarding experience, but we know that not every student and every host are a perfect match. It may be that the homestay we chose for you does not meet your needs. Please contact ABODE or your group coordinator if you have trouble in your homestay. After we discuss the problem and situation with you, and if necessary, we can arrange another homestay for you to move to.
2. **Diversity:** Our hosts reflect our cultural diversity, and each host is different. We have hosts from various ethnic groups, socio-economic levels, religions and lifestyles. What our hosts have in common is a willingness to open their homes to people from different cultures. Although we are committed to making appropriate and comfortable homestay matches, we cannot accommodate requests for hosts of a specific racial background, of a specific religion, with a specific number of children, or any other characteristic. Please be open to experiencing the cultural diversity we are so proud of.
3. **Host's home rules:** Each host has their own rules and different lifestyles, and you are expected to follow host's rules as a member of the family. Your host will explain their rules when you arrive. These rules could include what chores each household member is responsible for, whether you can invite your friends over, and how late you can receive phone calls, and where you might be allowed to smoke. Most students seem to adapt easily to their hosts' lifestyles, just as hosts have made many adjustments in their homes to accommodate international students.
4. **No smoking in the homestay:** None of our hosts allows smoking inside their homes. If you smoke inside the homestay, you may be asked to move immediately. When you smoke outside, please do not leave cigarette butts for your host to clean up.
5. **Your payment:** Your host will receive your homestay fee through ABODE. You are responsible for other expenses such as bus fare, toiletries, phone and other personal items. If you want to share an Internet connection with your host, there may be a small additional charge by the host for internet access.
6. **Your belongings:** You are responsible for your own personal belongings. While we screen our hosts carefully, it is never a good idea to keep large amounts of cash or other high-priced, uninsured valuables in your room. ABODE will not be responsible for the loss or damage of your personal belongings.
7. **Moving out:** You are responsible for any damages caused by you at your homestay. Please return your key and leave your room as clean as it was when you moved in.

Any disputes or questions should be directed to ABODE®. We cannot help you if you don't let us know there is a problem. We are available in case of emergencies 7 days a week.

I have read and understood the above agreement. I understand that by signing below, I am responsible for the rules outlined in it. I request ABODE Homestays to arrange a suitable homestay for me, and I agree to participate in the homestay program to the best of my ability.

Student's Name (Printed)

Student's Signature

Date



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COVID-19 HEALTHCARE PRECAUTIONARY MEASURES AND AGREEMENT

IMPORTANT NOTICES:

All travelers domestic and international, please check the CDC's website or guidance on traveling to avoid any complications to your travel itinerary.

<https://wwwnc.cdc.gov/travel/diseases/covid19>

Please continue to monitor the COVID-19 situation in the US and in Washington State using the following links.
It is the homestay applicant's responsibility to follow the guidelines set.

<https://www.cdc.gov/coronavirus/2019-nCoV/index.html>

<https://doh.wa.gov/emergencies/covid-19>

In light of the COVID-19 global situation and in an effort to be reasonably careful in protecting hosts and students, we are implementing the following precautions:

- Homestay students arriving from international locations attest that they do not have a fever or cough at least 24 hours prior to arrival.
- Based on the advice and information from healthcare experts and government authorities, ABODE will follow the recommended guidelines of newly arriving students. If any symptoms should occur after a student's arrival, the student is required to inform the host and ABODE.
- ABODE homestay students are required to agree to the affidavit below agreeing to follow the rules, the recommended precautions and to notify their host and ABODE if any COVID-19 type symptoms occur.
- If a student has to cancel coming to Seattle at the last minute because of COVID-19 symptoms, the cancellation policy is applied as usual. The host will be given the \$100 deposit as a cancellation fee, and the student's homestay application fee is good for 6 more months, meaning the student can start homestay at a later date at no extra charge.
- If a student must leave the homestay because of COVID-19 symptoms, and goes home, they will receive a refund for the nights remaining in their monthly homestay payment. If a student goes to quarantine locally, their payment will be calculated at 50% for the nights they are gone from the homestay.

Students should have health insurance (either through the school they attend or the travel insurance that covers during their stay in the US). If you are unsure about your health insurance plan and coverage, ABODE urges you to seek assistance with your school's international student office. They may better assist you with your insurance information. ABODE also recommends that you share the information with your host so that they can assist you. If you do not wish to share this information with your host, it is your right to refuse but also be informed that your host will be very limited in assisting you when you need healthcare.

Please contact us with any questions or concerns. We appreciate the opportunity to help your stay in Seattle be as enjoyable and safe as possible

COVID TESTING AND EXIT/DEPARTURE DATE NOTICE

ABODE is in the understanding that some countries require that incoming travelers will need a negative covid test up to 72 hours before the flight. Should a homestay guest have a positive covid test during that time and requires to have their length of stay extended here, the homestay guest understands that they may have to exit at the confirmed exit date or earlier and move to a temporary place such as a hotel, before departure.

The reason for this is that ABODE and the host may have agreed to place another incoming homestay applicant soon after the current student's confirmed exit. ABODE wanted to take the proactive stance and inform all our homestay applicants so that they are aware and can make the proper plans if need be.

COVID TESTING AND EXIT/DEPARTURE DATE NOTICE AND

HEALTHCARE FORM ATTESTATION

I, the homestay applicant, have read the COVID-19 HEALTHCARE PRECAUTIONARY MEASURES AND AGREEMENT and do fully understand it. I, the homestay applicant, have also read and agree to the healthcare precautionary notice with links above. I, the homestay applicant, do not have any reservations and ask that ABODE continue to review my homestay application.

Applicant's Printed Name _____

Applicant's Signature _____

Date _____

Is the applicant fully vaccinated? ☐ YES ☐ NO