

リオデジャネイロオリンピック2016出場選手 競技スケジュール

水泳（競泳）

| リオ | 東京 | |
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| 06 Aug. 2016 13:00 - 15:20 | 8/7（日） 1:00-3:20 | <p>Men's 400m Individual Medley: heats (瀬戸)</p> <p>Women's 100m Butterfly: heats (星)</p> <p>Men's 400m Freestyle: heats</p> <p>Women's 400m Individual Medley: heats</p> <p>Men's 100m Breaststroke: heats (渡辺)</p> <p>Women's 4 x 100m Freestyle Relay: heats</p> |
| 06 Aug. 2016 22:00 - 23:55 | 8/7（日） 10:00-11:55 | <p>Men's 400m Individual Medley: final (瀬戸)</p> <p>Women's 100m Butterfly: semi-finals (星)</p> <p>Men's 400m Freestyle: final</p> <p>Men's 400m Individual Medley: victory ceremony (瀬戸)</p> <p>Women's 400m Individual Medley: final</p> <p>Men's 400m Freestyle: victory ceremony</p> <p>Men's 100m Breaststroke: semi-finals (渡辺)</p> <p>Women's 400m Individual Medley: victory ceremony</p> <p>Women's 4 x 100m Freestyle Relay: final</p> <p>Women's 4 x 100m Freestyle Relay: victory ceremony</p> |
| 07 Aug. 2016 13:00 - 15:30 | 8/8（月） 1:00-3:30 | <p>Women's 100m Backstroke: heats</p> <p>Men's 200m Freestyle: heats</p> <p>Men's 100m Backstroke: heats</p> <p>Women's 400m Freestyle: heats</p> <p>Men's 4 x 100m Freestyle Relay: heats (中村) (古賀)</p> |
| 07 Aug. 2016 22:00 - 00:25 | 8/8（月） 10:00-12:25 | <p>Women's 100m Butterfly: final (星)</p> <p>Men's 200m Freestyle: semi-finals</p> <p>Women's 100m Breaststroke: semi-finals (渡部)</p> <p>Women's 100m Butterfly: victory ceremony (星)</p> <p>Men's 100m Breaststroke: final (渡辺)</p> <p>Women's 400m Freestyle: final</p> <p>Men's 100m Backstroke: semi-finals</p> <p>Men's 100m Breaststroke: victory ceremony (渡辺)</p> <p>Women's 100m Backstroke: semi-finals</p> <p>Men's 4 x 100m Freestyle Relay: final (中村) (古賀)</p> <p>Women's 400m Freestyle: victory ceremony</p> <p>Men's 4 x 100m Freestyle Relay: victory ceremony (中村) (古賀)</p> |

| リオ | 東京 | |
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| 08 Aug. 2016 13:00 - 14:25 | 8/9 (火) 1:00-2:25 | Women's 200m Freestyle: heats Men's 200m Butterfly: heats (瀬戸) (坂井) Women's 200m Individual Medley: heats |
| 08 Aug. 2016 22:00 - 00:00 | 8/9 (火) 10:00-12:00 | Women's 200m Freestyle: semi-finals Men's 200m Freestyle: final Women's 100m Backstroke: final Men's 100m Backstroke: final Men's 200m Freestyle: victory ceremony Women's 100m Breaststroke: final (渡部) Women's 100m Backstroke: victory ceremony Men's 200m Butterfly: semi-finals (瀬戸) (坂井) Men's 100m Backstroke: victory ceremony Women's 200m Individual Medley: semi-finals Women's 100m Breaststroke: victory ceremony (渡部) |
| 09 Aug. 2016 13:00 - 14:45 | 8/10 (水) 1:00-2:25 | Men's 100m Freestyle: heats (中村) Women's 200m Butterfly: heats (星) Men's 200m Breaststroke: heats (渡辺) Men's 4 x 200m Freestyle Relay: heats |
| 09 Aug. 2016 22:00 - 00:10 | 8/10 (水) 10:00-12:10 | Men's 100m Freestyle: semi-finals (中村) Women's 200m Freestyle: final Men's 200m Butterfly: final (瀬戸) (坂井) Women's 200m Butterfly: semi-finals (星) Women's 200m Freestyle: victory ceremony Men's 200m Breaststroke: semi-finals (渡辺) Men's 200m Butterfly: victory ceremony (瀬戸) (坂井) Women's 200m Individual Medley: final Men's 4 x 200m Freestyle Relay: final Women's 200m Individual Medley: victory ceremony Men's 4 x 200m Free Relay: victory ceremony |
| 10 Aug. 2016 13:00 - 15:00 | 8/11 (木) 1:00-3:00 | Women's 100m Freestyle: heats Men's 200m Backstroke: heats Women's 200m Breaststroke: heats (渡部) Men's 200m Individual Medley: heats Women's 4 x 200m Freestyle Relay: heats |

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| 10 Aug. 2016 22:00 - 00:30 | 8/11 (木) 10:00-12:30 | <p>Men's 200m Breaststroke: final (渡辺)</p> <p>Women's 100m Freestyle: semi-finals</p> <p>Men's 200m Backstroke: semi-finals</p> <p>Men's 200m Breaststroke: victory ceremony (渡辺)</p> <p>Women's 200m Butterfly: final (星)</p> <p>Men's 100m Freestyle: final (中村)</p> <p>Women's 200m Breaststroke: semi-finals (渡部)</p> <p>Men's 200m Individual Medley: semi-finals</p> <p>Women's 200m Butterfly: victory ceremony (星)</p> <p>Women's 4 x 200m Freestyle Relay: final</p> <p>Men's 100m Freestyle: victory ceremony (中村)</p> <p>Women's 4 x 200m Freestyle Relay: victory ceremony</p> |
| 11 Aug. 2016 13:00 - 16:00 | 8/12 (金) 1:00-4:00 | <p>Men's 50m Freestyle: heats (中村)</p> <p>Women's 800m Freestyle: heats</p> <p>Men's 100m Butterfly: heats (藤井)</p> <p>Women's 200m Backstroke: heats</p> |
| 11 Aug. 2016 22:00 - 23:55 | 8/12 (金) 10:00-11:55 | <p>Men's 50m Freestyle: semi-finals (中村)</p> <p>Women's 200m Breaststroke: final (渡部)</p> <p>Men's 200m Backstroke: final</p> <p>Women's 200m Backstroke: semi-finals</p> <p>Women's 200m Breaststroke: victory ceremony (渡部)</p> <p>Men's 200m Individual Medley: final</p> <p>Men's 200m Backstroke: victory ceremony</p> <p>Women's 100m Freestyle: final</p> <p>Men's 200m Individual Medley: victory ceremony</p> <p>Men's 100m Butterfly: semi-finals (藤井)</p> <p>Women's 100m Freestyle: victory ceremony</p> |
| 12 Aug. 2016 13:00 - 15:35 | 8/13 (土) 1:00-3:35 | <p>Women's 50m Freestyle: heats</p> <p>Men's 1500m Freestyle: heats</p> <p>Women's 4 x 100m Medley Relay: heats</p> <p>Men's 4 x 100m Medley Relay: heats</p> |

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| 12 Aug. 2016 22:00 - 23:30 | 8/13 (土) 10:00-11:30 | Women's 200m Backstroke: final Men's 100m Butterfly: final (藤井) Women's 800m Freestyle: final Women's 200m Backstroke: victory ceremony Men's 50m Freestyle: final (中村) Men's 100m Butterfly: victory ceremony (藤井) Women's 50m Freestyle: semi-finals Women's 800m Freestyle: victory ceremony Men's 50m Freestyle: victory ceremony (中村) |
| 13 Aug. 2016 22:00 - 23:40 | 8/14 (日) 10:00-11:40 | Women's 50m Freestyle: final Men's 1500m Freestyle: final Women's 50m Freestyle: victory ceremony Women's 4 x 100m Medley Relay: final Men's 1500m Freestyle: victory ceremony Men's 4 x 100m Medley Relay: final Women's 4 x 100m Medley Relay: victory ceremony Men's 4 x 100m Medley Relay: victory ceremony |

ウェイトリフティング女子 63kg 級

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| 09 Aug. 2016 10:00 - 14:00 | 8/9 (火) 22:00- 8/10 (水) 2:00 | Women's 63kg: group B (松本) |
| 09 Aug. 2016 15:30 - 17:30 | 8/10 (水) 3:30-5:30 | Women's 63kg: group A (松本) Women's 63kg: victory ceremony |

ボート・軽量級ダブルスカル

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| 07 Aug. 2016 08:30 - 12:30 | 8/7 (日) 20:30- 8/8 (月) 0:30 | Women's Lightweight Double Sculls: heats (大石) |
| 08 Aug. 2016 08:30 - 11:10 | 8/9 (火) 20:30-23:10 | Women's Lightweight Double Sculls: repechage (大石) |
| 09 Aug. 2016 08:30 - 11:50 | 8/10 (水) 20:30-23:50 | Women's Lightweight Double Sculls: semi-finals C/D (大石) |
| 10 Aug. 2016 08:30 - 12:40 | 8/11 (木) 20:30- 8/12 (金) 0:40 | Women's Lightweight Double Sculls: semi-finals (大石) Women's Lightweight Double Sculls: final D Women's Lightweight Double Sculls: final C |

| リオ | 東京 | |
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| 12 Aug. 2016 08:30 - 11:15 | 8/12 (金) 20:30-23:15 | Women's Lightweight Double Sculls: final A (大石) Women's Lightweight Double Sculls: final B Women's Lightweight Double Sculls: victory ceremony |

陸上競技・男子 10,000m/5,000m

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| 13 Aug. 2016 20:00 - 23:15 | 8/14 (日) 8:00-11:15 | Men's 10,000m: final (大迫) Men's 10,000m: victory ceremony |
| 17 Aug. 2016 09:30 - 13:05 | 8/17 (水) 21:30- 8/18 (木) 1:05 | Men's 5000m: round 1 (大迫) |
| 20 Aug. 2016 20:10 - 23:00 | 8/21 (日) 8:10-11:00 | Men's 5000m: final (大迫) Men's 5000m: victory ceremony |

陸上競技・男女 400mハードル

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| 15 Aug. 2016 09:30 - 12:10 | 8/15 (月) 21:30- 8/16 (火) 0:10 | Men's 400m Hurdles: round 1 (野澤) |
| 15 Aug. 2016 20:15 - 22:50 | 8/16 (火) 8:15-10:50 | Women's 400m Hurdles: round 1 (久保倉) |
| 16 Aug. 2016 20:15 - 22:50 | 8/17 (水) 8:15-10:50 | Women's 400m Hurdles: semi-finals (久保倉) Men's 400m Hurdles: semi-finals (野澤) |
| 18 Aug. 2016 09:30 - 16:25 | 8/18 (木) 21:30- 8/19 (金) 4:25 | Men's 400m Hurdles: final (野澤) |
| 18 Aug. 2016 18:35 - 22:35 | 8/19 (金) 6:35-10:35 | Men's 400m Hurdles: victory ceremony (野澤) Women's 400m Hurdles: final (久保倉) |
| 19 Aug. 2016 20:10 - 22:45 | 8/20 (土) 8:10-10:45 | Women's 400m Hurdles: victory ceremony (久保倉) |

陸上競技・男子 4×400mリレー

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| 19 Aug. 2016 20:10 - 22:45 | 8/20 (土) 8:10-10:45 | Men's 4 x 400m Relay: round 1 (加藤) |
| 20 Aug. 2016 20:10 - 23:00 | 8/21 (日) 8:10-11:00 | Men's 4 x 400m: relay final (加藤) Men's 4 x 400m Relay: victory ceremony |

ラグビーセブンス女子

| リオ | 東京 | |
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| 06 Aug. 2016 11:00 - 14:00 | 8/6 (土) 23:00- 8/7 (日) 2:00 | Women's Pool Round (6 Matches) (RU001) Women's - Canada x Japan (横尾・富田) |
| 06 Aug. 2016 16:00 - 19:00 | 8/7 (日) 4:00-7:00 | Women's Pool Round (6 Matches) (RU002) Women's - Great Britain x Japan (横尾・富田) |
| 07 Aug. 2016 11:00 - 14:00 | 8/7 (日) 23:00- 8/8 (月) 2:00 | Women's Pool Round (6 Matches) (RU003) Women's - Brazil x Japan (横尾・富田) |
| 07 Aug. 2016 16:00 - 19:00 | 8/8 (月) 4:00-7:00 | Women's Placing 9-12 and Quarter-finals (RU004) |
| 08 Aug. 2016 12:30 - 15:30 | 8/9 (火) 0:30-3:30 | Women's Placing 5-12, Semi-finals (RU005) |
| 08 Aug. 2016 17:30 - 20:00 | 8/9 (火) 5:30-8:00 | Women's Placing 5-8, Finals (RU006) |

ラグビーセブンス男子

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| 09 Aug. 2016 11:00 - 14:00 | 8/9 (火) 23:00- 8/10 (水) 2:00 | Men's Pool Round (6 Matches) (RU007) Men's - New Zealand x Japan (坂井) |
| 09 Aug. 2016 16:00 - 19:00 | 8/10 (水) 4:00-7:00 | Men's Pool Round (6 Matches) (RU008) Men's - Great Britain x Japan (坂井) |
| 10 Aug. 2016 11:00 - 14:00 | 8/10 (水) 23:00- 8/11 (木) 2:00 | Men's Pool Round (6 Matches) (RU009) Men's - Kenya x Japan(坂井) |
| 10 Aug. 2016 16:00 - 19:00 | 8/11 (木) 4:00-7:00 | Men's Placing 9-12 and Quarter-finals (RU010) |
| 11 Aug. 2016 12:30 - 15:30 | 8/12 (金) 0:30-3:30 | Men's Placing 5-12, Semi-finals (RU011) |
| 11 Aug. 2016 17:30 - 20:00 | 8/12 (金) 5:30-8:00 | Men's Placing 5-8, Finals (RU012) |

水泳 (水球)

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| 06 Aug. 2016 09:00 - 14:20 | 8/6 (土) 21:00- 8/7 (日) 2:20 | Men's Preliminary Round (WP001) Men's - Greece x Japan (筈井) |
| 08 Aug. 2016 19:30 - 22:10 | 8/9 (火) 7:30-10:10 | Men's Preliminary Round(WP006) Men's - Japan x Brazil (筈井) |
| 10 Aug. 2016 09:00 - 14:20 | 8/10 (水) 21:00- 8/11 (木) 2:20 | Men's Preliminary Round(WP009) Men's - Australia x Japan (筈井) |

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| 12 Aug. 2016 09:00 - 13:00 | 8/12 (金) 21:00- 8/13 (土) 1:00 | Men's Preliminary Round(WP014) Men's - Hungary x Japan (笹井) |
| 14 Aug. 2016 19:30 - 22:10 | 8/15 (月) 7:30-10:10 | Men's Preliminary Round (WP020) Men's - Serbia x Japan (笹井) |
| 16 Aug. 2016 11:00 - 13:40 | 8/16 (火) 23:00- 8/17 (水) 1:40 | Men's Quarter-finals (WP024) |
| 16 Aug. 2016 15:10 - 17:50 | 8/17 (水) 3:10-5:50 | Men's Quarter-finals (WP025) |
| 18 Aug. 2016 11:00 - 13:40 | 8/18 (木) 23:00- 8/19 (金) 1:40 | Men's Classification, Semi-final (WP028) |
| 18 Aug. 2016 15:10 - 17:50 | 8/19 (金) 3:10-5:50 | Men's Classification, Semi-final (WP029) |
| 20 Aug. 2016 11:40 - 14:20 | 8/20 (土) 23:40- 8/21 (日) 2:20 | Men's Classification, Bronze Medal Match (WP032) |
| 20 Aug. 2016 16:30 - 19:40 | 8/21 (日) 4:30-7:40 | Men's Classification, Gold Medal Match (WP033) |