

# 第19回東伏見スポーツサイエンス研究会

グローバルCOEプログラム「アクティブ・ライフを創出するスポーツ科学」

日時 2013年6月4日(火) 18:15より

場所 早稲田大学79号館(STEP22)305号室

**演題** The combination of philosophy and body practice:  
the perspective of immaterial cultural legacy of  
Chinese martial art

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For the past four decades, though with global spread of Chinese martial art, this particular body culture now suffers huge crisis in continuing this cultural heritage. Based on historical documents and combined with my personal practice, this study analyzed current situation and problems in this legacy of immaterial culture of Chinese martial art. Beginning with the introduction on custom of learning martial art in the general public, the communicating process between the governmental organized and private sector martial art is then elaborated. The second part of this study majorly eye on the position of national associations, with the investigation of martial art school, we thus reveal the challenges and limitation for continuing this cultural asset. And by examining current practice of martial art, this study also elaborates the philosophy and concept behind.



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