早稲田大学スポーツ科学学術院スポーツ科学研究センター 主催 早稲田大学スーパーグローバル大学創成支援事業 スポーツ健康科学拠点共催

第93回スポーツサイエンス研究会

日時 2025年3月10日(Monday) 16:00-17:30

場所 早稲田大学79号館(STEP22)302教室

演題

More Than Metrics:

The Need for Ethnographic Research in Sport Dr. Fred Ariel Hernandez (Uni of California, Los Angeles)

Abstract

Sports research often focuses on training protocols, performance metrics, and developmental models, assuming that coaches and athletes will (eventually) apply this knowledge as intended. Yet in practice, coaching, training, and sports institutions do not as expected. always function This discussion advances ethnographic methods—particularly longparticipant and collaborative observation term ethnography—as essential for understanding how sports science, policy, and infrastructure operate, oftentimes unrecognizable in other approaches or



models. Toward that goal, I draw from my long-term engagement with high school coaching in Los Angeles, mixed-gender badminton training in Japan, and environmental hazards affecting school sports.

Bio

I am Lead Scientist at UCLA's Sports and Society Lab and a lecturer in the Disability Studies Program. My work examines how environmental hazards, institutional settings, and coaching pedagogies shape athletic experiences, with a focus on high school sports in the U.S. and Japan. As former postdoc at Waseda University, I have since conducted ethnographic research on mixed-gender sports, air pollution, and school sports governance. I am a retired Puerto Rican national badminton team member (2003–2010) with over a decade of experience coaching junior-level badminton.



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