

[Important] Student Health Check-up

for students who enrolled in September 2026

Student Health Check-up will be conducted as follows. Eligible students are required to take the health check-up every year (from next year, make sure to take the regular health check-up in April).

The health check-up has two purposes. Firstly, it is for your health maintenance and prevention/early detection of diseases. Secondly, it's to prevent the spread of infectious diseases such as Tuberculosis on campus.

1. Eligible students

- (1) Regular students who enrolled in undergraduate school or graduate school in September 2026.
- (2) Students who received a notice of Health Check-up from the undergraduate/graduate school office of your affiliation.
- (3) Students who received a notice of Health Check-up from CIE*
* ...Center for International Education

2. Schedule/Venue

Date	Reception Hours	Venue
September 29(Tue) September 30(Wed)	9:30 ~ 16:30 ※Reception is not available during lunch break (times to be arranged).	Okuma Garden Hall (25 th Building 1 st floor, Waseda Campus)

3. Application procedures

Please be sure to complete the following two procedures in advance.

You may access the procedural page via the URL or QR code listed on the right.

- (1) Submission of the Health Survey through MyWASEDA

Submission period : September 17(Thu) 11:00 to September 28 (Mon)16:00, 2026

URL : <https://my.waseda.jp/application/detail/application-detail?communityContentLinkId=609694235>



QR code for
the Health Survey

- (2) Online reservation(date/time) for the health check-up (first-come, first-served basis)

The URL of the reservation site and password for logging in will be provided in the health survey web response receipt e-mail.

Reservation period : September 17(Thu) 11:00 to September 30(Wed) 16:00, 2026

Reservation method details : <https://waseda.box.com/s/8bgks3mo706vpnlmdmttnp9pzhh8cf9c>

4. Contents of the health check-up

- (1) Inspection items

- ① Health Survey (Completed in advance on the web and the day of the health check-up, if necessary).
- ② Physical measurements (Height and weight), Eyesight, Blood pressure, Urine analysis, Doctor's examination, Chest X-ray (available only for new students and students who have been instructed by the Health Support Center)

- (2) Time required(approximate) about 1 hour *It may differ depending on the date/time.

- (3) What to bring

- ① Student ID card
*Contact your school office on when/how to obtain the Student ID card.
- ② Urine sample: Collect your urine before coming to the venue.
You may pick up the urine sampling devices at the Health Care Room, Nishi-Waseda Branch, or Toyama Branch in advance.
*If you do not take a urine sample in advance, you can collect it at the venue. However, it will delay the end of the health check-up.
- ③ Something that confirms your reservation: Any screenshot or pre-printed reservation confirmation e-mail, My Page on the reservation site, or reminder e-mail.
- ④ Black ballpoint pen : Used to fill out additionally the Health Survey.
(Erasable ballpoint pens are not allowed)
- ⑤ Plain T-shirt (Only for those eligible for chest X-ray)
- ⑥ [Confirmation of having undergone the Health Check-up and ECG test](#)
(On-campus athletic facilities for those who wish to use them)

[Important Information on Using On-Campus Sports Facilities]

If you need to register or renew access to on-campus sports facilities (Training Center, Takaishi Memorial Pool, Aqua Arena) before health check results appear on MyWaseda (around mid-November), please print the  [Confirmation of having undergone the Health Check-up and ECG test](#) in advance and submit it at the reception on your check-up day.

- ※1 Be sure to fill in your Student ID number and name beforehand.
- ※2 If you forget to bring or submit the form at reception or after leaving the venue (including on the day), we cannot assist you. The Health Support Center counters will also not handle this.
- ※3 Forms cannot be printed or distributed at the venue. Please prepare it beforehand.

QR code



Notes

- Please wear clothes that are easy to take off and put on, such as plain T-shirts.
[What to wear for the Health Check-up](#)
- Chest x-rays are taken in the X-ray car. When preparing for the examination, several people may change their clothes in the car. If you have any questions about the X-ray car, please contact the Health Care Room by September 28.
- The medical examinations will be conducted in the order of the available booths. If you need a doctor's gender consideration, please inform the health check-up staff at the venue.
- The above schedule will be the last health check-up to be conducted at the University in AY2026.
- Please use [Q&A](#) for the Student Regular Health Check-up for students who enrolled in September 2026

Health Support Center Waseda University
Health Care Room (Bldg. 25, 1st floor) TEL: 03-5286-9800
Opening hours: Mondays thru Fridays 9:00-12:30/13:30-17:00