

[Important] Student Health Check-up

for students who enrolled in September 2025

Student Health Check-up will be conducted as follows. Eligible students are required to take the health check-up every year (from next year, make sure to take the regular health check-up in April).

The health check-up has two purposes. Firstly, it is for your health maintenance and prevention/early detection of diseases. Secondly, it's to prevent the spread of infectious diseases such as Tuberculosis on campus.

1. Eligible students

- (1) Regular students who enrolled in undergraduate school or graduate school in September 2025.
- (2) Students who received a notice of Health Check-up from the undergraduate/graduate school office of your affiliation.
- (3) Students who received a notice of Health Check-up from CIE*
* ...Center for International Education

2. Schedule/Venue

Date	Reception Hours	Venue
September 30(Tue)	9:30 ~ 16:30	Okuma Garden Hall (25 th Building 1 st floor, Waseda Campus)
October 1(Wed)	※Reception is not available during lunch break (times to be arranged).	

3. Application procedures

Please be sure to complete the following two procedures in advance.

You may access the procedural page via the URL or QR code listed on the right.

- (1) Submission of the Health Survey through MyWASEDA

Submission period : September 22(Mon) 11:00 am to September 29 (Mon)16:00, 2025

URL : <https://my.waseda.jp/application/detail/application-detail?communityContentLinkId=609694235>



QR code for
the Health Survey

- (2) Online reservation(date/time) for the health check-up (first-come, first-served basis)

The URL of the reservation site and password for logging in will be provided in the health survey web response receipt e-mail.

Reservation period : September 22(Mon) 11:00 am to October 1 (Tue) 16:00, 2025

Reservation method details : <https://waseda.box.com/s/8bgks3mo706vpnlmdmttnp9pzhh8cf9c>

4. Contents of the health check-up

- (1) Inspection items

- ① Health Survey (Completed in advance on the web and the day of the health check-up, if necessary).
- ② Physical measurements (Height and weight), Eyesight, Blood pressure, Urine analysis, Doctor's examination, Chest X-ray (available only for new students and students who have been instructed by the Health Support Center)

- (2) Time required(approximate) about 1 hour *It may differ depending on the date/time.

- (3) What to bring

- ① Student ID card
*Contact your school office on when/how to obtain the Student ID card.
- ② Urine sample: Collect your urine before coming to the venue.
You may pick up the urine sampling devices at the Health Care Room, Nishi-Waseda Branch, or Toyama Branch in advance.
*If you do not take a urine sample in advance, you can collect it at the venue. However, it will delay the end of the health check-up.
- ③ Something that confirms your reservation: Any screenshot or pre-printed reservation confirmation e-mail, My Page on the reservation site, or reminder e-mail.
- ④ Black ballpoint pen : Used to fill out additionally the Health Survey.
(Erasable ballpoint pens are not allowed)
- ⑤ Plain T-shirt (Only for those eligible for chest X-ray)
- ⑥ [Confirmation of having undergone the Health Check-up and ECG test](#)
(On-campus athletic facilities for those who wish to use them)

【Regarding the use of on-campus athletic facilities (Training Center, Takaishi Memorial Pool, Aqua Arena)】

If you wish to register or renew to use on-campus athletic facilities before the results become available on MyWASEDA (around mid-November), please print out "[Confirmation of having undergone the Health Check-up and ECG test](#)" in advance and submit it at the reception on the day of your health check-up. Forms are also available at the reception desk of each on-campus athletic facility.

- *1 Be sure to fill in your student ID number and name in advance.
- *2 If you forget to bring the form on the day of your health checkup, you should wait to register on-campus athletic facilities until your result is available on MyWASEDA. We will not make any exceptions.
- *3 Printing the forms is not possible at the venue.

Notes

- Please wear clothes that are easy to take off and put on, such as plain T-shirts.
[What to wear for the Health Check-up](#)
- Chest x-rays are taken in the X-ray car. When preparing for the examination, several people may change their clothes in the car. If you have any questions about the X-ray car, please contact the Health Care Room between September 22 and September 29.
- The medical examinations will be conducted in the order of the available booths. If you need a doctor's gender consideration, please inform the health check-up staff at the venue.
- The above schedule will be the last health check-up to be conducted at the University in AY2025.
- Please use [Q&A](#) for the Student Regular Health Check-up for students who enrolled in September 2025

Health Support Center Waseda University
Health Care Room (Bldg. 25, 1st floor) TEL: 03-5286-9800
Opening hours: Mondays thru Fridays 9:00-12:30/13:30-17:00