

# ICC Japanese Cultural Week

**May 27 (Tue)**

**4:30-6:00pm**  
doors open at 4:10pm



## Yukata & Tea Ceremony

Enjoy Japanese culture by wearing a Yukata, a traditional garment usually worn for summer festivals. You can also choose to take a seat on tatami and revitalize yourself through the meditative tea ceremony. Don't miss your chance to have these uniquely Japanese experiences!

Place: 1<sup>st</sup> Fl., Okuma Garden House (Bldg.25)

Registration: Not required

Eligibility: Waseda students

※Trying on yukata is limited to the first 60 people (45 women and 15 men).

Tea ceremony experience is limited to the first 30 people.



**May 29 (Thur)**

**2:30-4:15pm**

## Ikebana Demonstration & Workshop

Ikebana is the traditional Japanese art of arranging flowers for display. For this Ikebana event, the headmaster of one of the premier ikebana schools will give an ikebana demonstration followed by an ikebana workshop, where you can try making your own display.

Place: 1<sup>st</sup> Fl., Okuma Garden House (Bldg.25)

Registration: Required for workshop (Deadline May 23<sup>rd</sup>. See website for details)

Eligibility: Waseda students, staff & general public (Workshop is limited to 40 Waseda students)



**May 30 (Fri)**

**6:15-7:45pm**

## What's AIKIDO?

### - Experience the Japanese martial art of Aikido -

AIKIDO is a martial arts derived from the tradition of Japan.

In cooperation with the Waseda University Aikido-kai, after listening to a simple explanation of Aikido followed by a demonstration, you'll get to try it for yourself! Beginners are more than welcome. Don't miss out!

Place: 1<sup>st</sup> Fl., Okuma Garden House (Bldg.25)

Registration: Not required.

Eligibility: Waseda students

※The Aikido tryout section is limited to the first 30 people.



**May 31 (Sat)**

**11:00am-2:00pm**

## A Historical Walk to KAMAKURA

### - Feel the attraction of the ancient city of Japan -

Kamakura is a popular historical area only one hour from Tokyo. It's famous as the start of the samurai government, and the place where the culture of ZEN prospered as well.

This trip will be guided by the members of JAPAN MANPO CLUB (hiking club) who will be providing commentaries in Japanese while you walk through the temples and traditional buildings. Explore Japanese culture and history with Waseda students from all over the world on this enjoyable ICC field trip!

Eligibility: Waseda students (priority given to international students)

Registration: Required. (Deadline May 23<sup>rd</sup>. See website for details)

Fee: Free (The ICC will pay for entrance into the temples, and participants are responsible for their own travel and food costs)



Check for details at the ICC website.

<http://www.waseda-icc.jp/eng/?p=11250>