

Announcement: Health Checkup 2013

1. Health Check for the Following Students :

- 1) Regular undergraduate students 3) Art and Architecture School students
- 2) Graduate students

Note: Freshmen, senior students, and those who need Health Report must take the Health Checkup.

2. Place, Date, and Time: Please see the separate schedule in the following pages. (The schedule varies according to the campus.)

3. Health Checkup contents (You need to take all of the following)

- 1) Chest X-ray 4) Blood pressure
 - 2) Urinalysis 5) Eye Exams
 - 3) Height, weight 6) Medical History Taking (Internal medical check as needed)
- ✿ Bring your glasses/contact lens if you usually use them.

4. Results:

Notification will be mailed to the registered address later, in the case of a workup needed.

5. Bring the following items:

- 1) Writing Instrument
- 2) Student ID-Card
- 3) "健康個人カード/Kenkou Kojin Card (Individual Medical Chart)"

"3. is only for those who have taken a health checkup at the Human Service Center before."

* Those who lost "Kenkou Kojin Card" tell about that to the front desk; the card will be reissued.

6. NOTES:

- **Make sure to contact Health Service Center immediately, if you get any sort of suspicious call, which someone pretends**

Health Support Center/Health Care Room, saying he/she has results of health checkup.

- **Come to checkup in early time in the scheduled date in order to avoid rush. (Afternoon is crowded every year.)**

- 1) You can wear a plain T-shirt with no prints for the chest X-ray examination. If you are with long hair, please bring something to tie your hair back.
- 2) Checkup time in the afternoon will be crowded because of rush.
- 3) Physical Examination Certificate for Job Hunting, Study Abroad, and etc. cannot be issued, if you do not take checkup.
- 4) Note that there is no more health checkup after this scheduled period.
- 5) Result of this health checkup can be used for the registration to use Training Center.

Electrocardiography

- Who to take: Students having the above health checkup

- 1) Students who take "水泳 (Swimming), 野外スポーツ (Field Sports), ワンダーフォーゲル(Hiking) provided by Open Education Center"
- 2) Freshmen in School of Sport Sciences
- 3) Freshmen who wish to participate in sports clubs (体育各部) at Waseda University
- 4) Students who plan to use Takaishi Memorial Swimming Pool/Aqua Arena
- 5) Students under the observation through medical treatment.
- 6) Others (Declare certain symptom at the health checkup, if you have any.)

Schedule of Electrocardiography

Place: Waseda Campus: Ono Memorial Auditorium (Building 27)

April, 24	Wed	9:30-12:30	13:30-16:00
April, 25	Thu	9:30-12:30	13:30-16:00
April, 26	Fri	9:30-12:30	13:30-16:00
April, 27	Sat	9:30-12:30	13:30-16:00

- * Bring your
- 1) Kenkou Kojin Card
 - 2) Student ID-Card
 - 3) Writing Instruments

Waseda University Health Support Center:
Health Management Office TEL. 03-5286-9800
<http://www.waseda.jp/kenkou/center/HSC/>

Health Checkup Schedule For 2013

Basically the scheduled campus and date are fixed but you might be able to change the schedule in case your schedule does not allow.

Waseda Campus : Ono Memorial Auditorium (Building 27) Time: 9:30–12:30 13:30–16:00

Date	Day	Health Checkup for students in the following schools:	
10 Apr.	Wed	Male only	School of Political Science and Economics/School of Social Sciences
11 Apr.	Thu	Female only	School of Law / School of Commerce / School of Social Sciences/ Graduate School of Japanese Applied Linguistics
12 Apr.	Fri	Male only (AM)	School of Commerce/ Graduate School of Commerce and Graduate School of Finance and Graduate of Accountancy
		=====	=====
		Female only (PM)	School of Political Science and Economics/ School of International Liberal Studies
13 Apr.	Sat	Male only	School of Education/Graduate School of Education/ Graduate School of Teacher Education/ Graduate School of International Culture and Communication studies
15 Apr.	Mon	Female only	School of Education/Graduate School of Education/ Graduate School of Teacher Education
16 Apr.	Tue	Male only	School of Law/School of Humanities and Social Sciences And School of Letters, Arts and Sciences I/ Graduate School of Letters, Arts and Sciences/ Graduate School of Japanese Applied Linguistics
17 Apr.	Wed	Female only	School of Humanities and Social Sciences/ School of Culture, Media and Society / Graduate School of International Culture and Communication studies
18 Apr.	Thu	Male only	School of Culture, Media and Society
19Apr.	Fri	Male only	School of International Liberal Studies
20 Apr.	Sat	Female only	School of Letters, Arts and Sciences I / School of Letters, Arts and Sciences II /Graduate School of Asia-Pacific Studies /Graduate School of Commerce/ Graduate School of Finance and Graduate of Accountancy
22 Apr.	Mon	Female only (AM)	Graduate School of Political Science and Graduate School of Economics and The Okuma School of Public Management/Graduate School of Law/ Waseda Law School/ Graduate School of Letters, Arts and Sciences /Graduate School of Social Sciences/
		=====	=====
		Male only (AM)	School of Letters, Arts and Sciences II / Graduate School of Asia-Pacific Studies/ Graduate School of Political Science and Graduate School of Economics and The Okuma School of Public Management/Graduate School of Law/ Waseda Law School/ Graduate School of Social Sciences

Health Care Room TEL: 03-5286-9800 Waseda University Health Support Center

<http://www.waseda.jp/kenkou/center/HSC/>

*If you need Physical Examination Certificate for Job Hunting, Study Abroad, and etc, you must take health examination.

*Checkup time in the afternoon will be crowded because of rush.

*You cannot issue the certificate unless you take the examination during this period.

*After the period, Student Health Center does not offer health checkup.

Health Checkup Schedule For 2013

Basically the scheduled campus and date are fixed but you might be able to change the schedule in case your schedule does not allow.

Nishi Waseda Campus : Building 53・54・55

Time: 9:30-12:30 13:30-16:00

Date	Day	Health Checkup for students in the following schools:	
2 Apr.	Tue	Male only	School of Fundamental・Creative・Advanced/School of Graduate/ art and architecture School and Kawaguchi art and architecture School
3 Apr.	Wed	am Female only/pm male only	School of Fundamental・Creative・Advanced/School of Graduate/ art and architecture School and Kawaguchi art and architecture School
4 Apr.	Thu	am male only/pm Female only	School of Fundamental・Creative・Advanced/School of Graduate/ art and architecture School and Kawaguchi art and architecture School
5 Apr.	Fri	Male only	School of Fundamental・Creative・Advanced/School of Graduate/ art and architecture School and Kawaguchi art and architecture School

Health Care Room TEL: 03-5286-3021

Waseda University Health Support Center(Nishiwaseda Branch)

<http://www.waseda.jp/kenkou/center/HSC/>

*If you need Physical Examination Certificate for Job Hunting, Study Abroad, and etc, you must take health examination.

*Checkup time in the afternoon will be crowded because of rush.

*You cannot issue the certificate unless you take the examination during this period.

*After the period, Student Health Center does not offer health checkup.

Health Checkup Schedule For 2013

Basically the scheduled campus and date are fixed but you might be able to change the schedule in case your schedule does not allow.

Tokorozawa Campus: Building 101

Time: 9:30–12:30 13:30–16:00

Date	Day	Health Checkup for students in the following schools:	
3 Apr.	Wed	Male•Female	morning: School of Human Sciences new students/Graduate School of Human Sciences afternoon: School of Human Sciences the second grader or more
4Apr.	Thu	Male•Female	morning: School of Sport Sciences new students/Graduate School of Sport Sciences afternoon: School of Sport Sciences the second grader or more

Health Care Room TEL: 04-2947-6706

Waseda University Health Support Center (Tokorozawa Branch)

<http://www.waseda.jp/kenkou/center/HSC/>

- *If you need Physical Examination Certificate for Job Hunting, Study Abroad, and etc, you must take health examination.
- *Checkup time in the afternoon will be crowded because of rush.
- *You cannot issue the certificate unless you take the examination during this period.
- *After the period, Student Health Center does not offer health checkup.

Health Checkup Schedule For 2013

Basically the scheduled campus and date are fixed but you might be able to change the schedule in case your schedule does not allow.

Honjyo Campus: Building 93 Time: 14:00–16:00

Date	Day	Health Checkup for students in the following schools:	
18 Apr.	Thu	Male•Female	Graduate School of Global Information and Telecommunication Studies Graduate School of Environment and Energy Engineering

Health Care Room TEL: 0495-24-6244

Waseda University Health Support Center (Honjyo Branch)

<http://www.waseda.jp/kenkou/center/HSC/>

- *If you need Physical Examination Certificate for Job Hunting, Study Abroad, and etc, you must take health examination.
- *Checkup time in the afternoon will be crowded because of rush.
- *You cannot issue the certificate unless you take the examination during this period.
- *After the period, Student Health Center does not offer health checkup.